



Aarohi

ANNUAL REPORT

2024-25

Aarohi Society, Village-Satoli, P.O. Peora,
Distt. Nainital, Uttarakhand (India)-263138

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धैर्यं पर्वतसमं नित्यं, विकासः सरितामिव ।

Meaning : Let our courage be as steadfast as the mountains,
and our growth flow like the rivers.



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Chairperson's Message



Dear Friends, Partners, and Supporters,

It is with immense pride and deep gratitude that I present Aarohi's Annual Report for 2024-25 — a year marked by resilience, progress, and collective impact in the mountain communities we serve.

Rooted in our mission to empower rural Uttarakhand through equitable healthcare, quality education, and sustainable livelihoods, we reached more people than ever before — thanks to the dedication of our team, the trust of our partners, and the unwavering support of our donors and well-wishers.

Our education program has expanded significantly. Aarohi Bal Sansar is now a full-fledged high school, with Grade 9 starting this academic year. The Youth Wing began to take shape with support from the PHD Family Welfare Foundation, launching skill courses in digital literacy, tailoring, and beautician training. The plans are for building the youth wing into a full fledged vertical.

In healthcare, Aarohi Arogya Kendra and AMRIT Clinic–Suni continued to serve thousands. Our community health efforts reached deeper into remote areas and now extend to Kapkot development block, Bageshwar, through an integrated development initiative. The foundation stone has been laid for the expansion of Aarohi Arogya Kendra, aiming for a major launch by 2027.

Our livelihoods program evolved into *Dhara*, a farmer-led cooperative reflecting the strength of community ownership and innovation. In Natural Resource Management, we advanced our work on climate resilience and sustainable ecosystems.

I am proud to share that Aarohi was recognised with:

- **Excellence in Rural Healthcare Delivery** – Department of Health & Family Welfare, Government of Uttarakhand
- **Himalayan Tourism Samman** – UNDP & PHDCCI, for our Grameen Himalayan Haat and Peora’s emergence as a community tourism destination

These recognitions are a testament to the dedication of our team members, partners, and community members.

As we look to the future, we carry with us a sense of purpose and resolve. Our journey continues — to innovate, adapt, and ensure that every woman, man, and child in the Himalayas lives with dignity, health, and opportunity.

To my fellow Board members, our staff, volunteers, and each of you who believe in Aarohi — thank you for standing with us.

Together, we are shaping a more just and resilient mountain future.



With warm regards,
Dr. (Col.) C.S. Pant, VSM
Chairperson



Executive Director's Message



Dear Aarohi Community,

It is with great pride and heartfelt gratitude that I present to you Aarohi's Annual Report for 2024–25 — a year marked by growth, resilience, and deepened impact across our work in the Central Himalayan region.

Guided by our mission to improve the quality of life in remote rural communities through education, healthcare, and sustainable livelihoods, this year has brought significant milestones. We have expanded our reach, strengthened our systems, and nurtured lasting partnerships — all while remaining rooted in the values of service, equity, and community participation.

In education, we have widened access to quality learning and nutrition, supported students' academic and personal growth, and created nurturing environments that help children thrive. Our healthcare initiatives have reached thousands of individuals, addressing critical gaps in care and building healthier futures.

A standout achievement this year has been the AMRIT Clinic in partnership with the Gram Panchayat in Suni. Located in Okhalkanda development block and serving a tri-district border population of over 15,000 people, it has become a beacon for rural maternal care, with 13 safe deliveries conducted since its inauguration in 2023. This initiative stands as a testament to what community-led, rights-based healthcare can achieve.

Alongside programmatic success, we have also invested in strengthening our organizational backbone — improving monitoring and evaluation systems, forging strategic collaborations, and deepening our internal culture of learning and reflection. These efforts ensure that we remain agile, accountable, and future-ready.

None of this would be possible without the unwavering dedication of our team, the tireless energy of our volunteers, and the generosity and trust of our donors and partners. To each of you, I offer my deepest thanks.

As we look to the future, we remain committed to scaling our efforts, innovating our methods, and reaching the most underserved — including through our upcoming work in Kapkot development block, Bageshwar, with the support of Tata Trusts where we aim to integrate primary healthcare with broader development goals in this aspirational region.

Our vision is clear: a just, inclusive, and thriving Himalayan society, where every individual has access to opportunity, dignity, and well-being.

Thank you for walking this journey with us. Together, we are transforming lives — one community, one step, one story at a time.

A handwritten signature in white ink, appearing to read 'Pankaj Tewari', is positioned above the typed name.

With warm regards,
Pankaj Tewari, PhD
Executive Director

Management Committee

Dr. (Col.) Chandra Shekhar Pant, VSM

Chairperson

Mr. Gopal Singh Negi

Secretary

Mr. Milind Gandhi

Treasurer

Dr. Jyotsna Pant

Member

**Ms. Premila Nazareth
Satyanand**

Member

Mr. Ranjan Joshi

Member

Dr. Navin Dang

Member

Pankaj Tewari, PhD

Executive Director



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About Aarohi

Our Story

Founded in 1992 in the mountain village of Satoli, Nainital, Aarohi began as a humble yet determined effort to transform the quality of life in the remote Central Himalayan region. The organization was established by Mrs. Oona Sharma, a rural development professional trained at IRMA and the University of Sussex, and her husband, Dr. Sushil Sharma, an anaesthesiologist from the Armed Forces Medical College.

What started as a small initiative has today grown into a multifaceted institution serving over 500 villages across Kumaon, bringing together a passionate local team, grassroots knowledge, and a strong vision for an equitable and sustainable future.



A synergistic approach towards development

Aarohi works at the intersection of four key pillars of development — Health, Education, Sustainable Livelihoods, and Natural Resource Management (NRM). These interconnected areas form the basis of our integrated development approach.



Health

SDG 3: Good Health & Well-being
SDG 5: Gender Equality
SDG 6: Clean Water & Sanitation
SDG 10: Reduced Inequalities



Education

SDG 4: Quality Education
SDG 5: Gender Equality
SDG 10: Reduced Inequalities



Livelihoods

SDG 1: No Poverty
SDG 2: Zero Hunger
SDG 8: Decent Work and Economic Growth
SDG 10: Reduced Inequalities
SDG 12: Responsible Consumption and Production



NRM

SDG 13: Climate Action
SDG 15: Life on Land

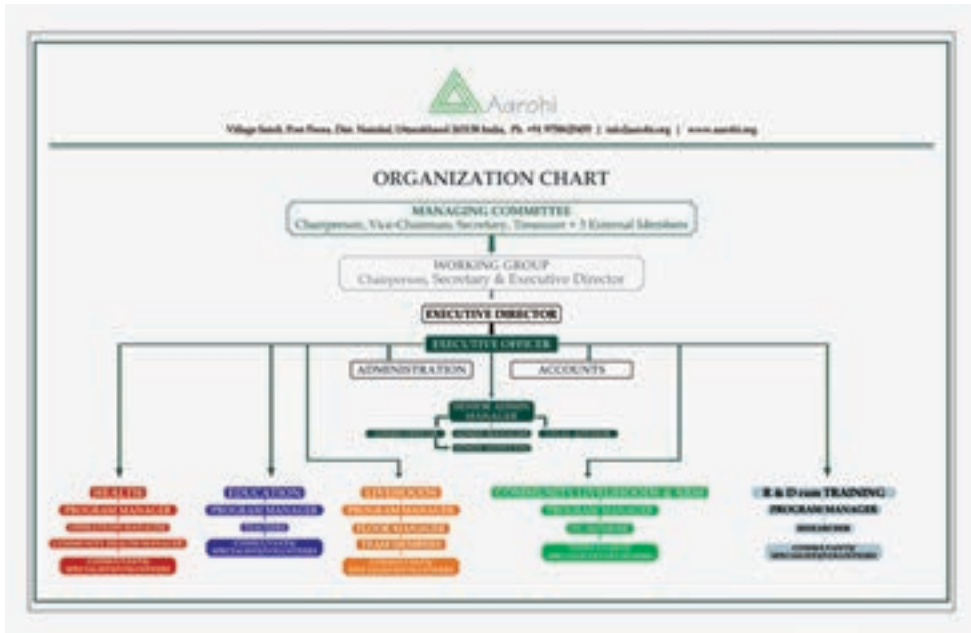
Our Vision & Mission

To create a more equitable society where every individual regardless of geography or circumstance can live with dignity, opportunity, and well-being.

To create development opportunities for rural Himalayan communities through integrated, inclusive, and sustainable approaches in health, education, livelihoods, and natural resources.



Organization's structure



FY 2024-25 Highlights

Indicator	2022-23	2023-24	2024-25
No. of villages reached	457	508	570
No. of stakeholders impacted	196646	212045	224032
No. of Community Meetings Organized	1442	1450	1572
Total Attendance in Community Meetings	21316	24250	25140
Male: Female Ratio of attendance*	1.3:1	1.4:2	1.4:2
No. of patients treated (AAK and AMRIT Clinic)	8852	9781	10678
Sales from beauty and herbal products (in ₹ lacs)	66.51	72.08	74.75
No. of students at A.B.S. School	155	165	196
No. of students benefitted through outreach education	150	248	375
No. of Tree plantations done (in hectares)	385	255	2580
Advanced agriculture (in hectares)	38	47	45
No. of Community Based Organizations (C.B.O.) formed	30	33	35
No. of Irrigation tanks distributed	89	137	150
No. of poly house established	40	20	05
No. of members at Aarohi	244	250	253
No. of staff at Aarohi	121	141	138
Amount of Grants and Income Received (in ₹ lacs)	538.38	665.03	1155.22
Amount of Expenditure (in ₹ lacs)	454.39	512.98	563.38

* indicates approximate values



Health

Strengthening Rural Health
Systems in the Himalayas





PROGRAMME VISION & PILLARS

Nestled in Uttarakhand's Kumaon region renowned for its scenic beauty but marked by inaccessibility, erratic terrain, and limited livelihood opportunities Aarohi's health initiatives aim to address the stark disparity in healthcare access for mountain communities. Despite government efforts, the healthcare landscape in these regions presents unique challenges that require community-rooted, context-specific interventions.

The foundation of Aarohi's health program rests on two core components: **curative care** viz. **Aarohi Arogya Kendra Hospital**

& AMRIT Clinic and the **community health programme**. These two components are bridged through the **Mobile Medical Unit**.

Building on this approach, our services are anchored in the four essential pillars of **Accessibility, Affordability, Availability, and Quality** of healthcare. Our interventions span the entire continuum of **primary care**, with **essential secondary care services**, particularly focused on Reproductive, Maternal, Newborn, Child, and Adolescent Health and Nutrition (RMNCHA+N).

CURATIVE HEALTH

Aarohi Arogya Kendra Hospital (AAK)

Established in 1992 in the village of Satoli (Ramgarh block, Nainital district), Aarohi Arogya Kendra began as a humble cottage hospital and has grown into a comprehensive rural health facility. It now serves over 50 neighbouring villages, offering:

- ▶ Primary and secondary healthcare services
- ▶ Outpatient and inpatient care
- ▶ Dental & Surgical Care
- ▶ Diagnostic facilities: Ultrasound, X-ray, ECG, and laboratory services
- ▶ 24x7 emergency services



The hospital continues to operate on the principle of **affordable, high-quality healthcare** in geographically remote settings.

Mobile Medical Unit (MMU)

Started in 2014 and inspired by a pioneering model designed by our Chairperson Dr. (Col.) C.S. Pant, VSM, Aarohi's Mobile Medical Unit remains the only unit in India equipped with portable ultrasound technology. It plays a vital role in maternal and child health outreach, especially in remote areas.

In 2024-25, we achieved a milestone of 1,000



MMU camps and expanded our reach from the existing Nainital & Almora to now include Champawat district, with monthly camps now being held at Pati and Devidhura.

Amrit Clinic – Suni

Uttarakhand's first nurse-led clinic was launched by Aarohi in the Okhalkanda block, based on the Amrit Clinic model developed by Basic Healthcare Services (BHS), Udaipur. With the generous support of our patron the Late Mrs. Saral Tandon, the clinic was launched in July 2023 as a cornerstone for comprehensive primary healthcare and safe institutional birthing.



Key achievements in 12 months:

- ▶ 716 patients treated
- ▶ 24 indoor admissions
- ▶ 11 safe normal deliveries
- ▶ 14 emergency referrals via Aarohi and 108 ambulances
- ▶ Fortnightly online clinical reviews by BHS-Udaipur
- ▶ Regular mother's group meetings, home visits, and adolescent outreach

To strengthen capacity, trained nurses from BHS have been seconded to the clinic, offering valuable support to our locally identified team.

Community Health Program

Aarohi's Community Health Program, working in nearly 50 villages is designed to enhance the preventive and promotive health landscape in rural Kumaon. Through capacity building and community mobilization, we aim to create lasting behavioural change and improve health outcomes.

Key components:

- ▶ Monthly training of ASHAs, Traditional

Birth Attendants (TBAs), and Swasthya Karmis

- ▶ Household visits for population health surveillance for a targeted, need-based support
- ▶ Community engagement through mothers' and adolescent girls' group meetings, Swasthya Melas, and health IEC campaigns
- ▶ Participation in national health programs: Deworming Days, Vitamin A rounds, VHSNDs

Women's Health Resource Centres (WHRCs)

Piloted in 2019, the WHRC model ensures that remote, hard-to-reach villages receive community-centered, gender-sensitive primary healthcare. Currently operating in five locations in Okhalkanda block, these centres serve a population of 16,435 across 65 villages.

Focus areas:

- ▶ **Maternal Health:** Early registration, ANC/PNC, high-risk identification and referral
- ▶ **Child Health & Nutrition:** Breastfeeding support, IMNCI-based care, growth monitoring
- ▶ **Adolescent Health:** Implemented via Rashtriya Kishor Swasthya Karyakram (RKSK) modules covering nutrition, SRH, mental health, and substance abuse
- ▶ **Capacity Building:** For ASHAs, TBAs, and other frontline workers
- ▶ **Action Groups:** Mothers' groups, adolescent girls' clubs, and school health sessions



VOICES FROM THE FIELD



I still remember walking in Satoli and the nearby villages. As part of my rural immersion at GIM, I spent weeks conducting a community health insurance survey. I listened to villagers talk about health and expenses and was struck by their daily struggles. People trek miles to see a doctor and often forgo care because basic medicines cost too much.

Aarohi steps into this gap with love and grit. Aarohi Arogya Kendra now offers full hospital care, and their mobile medical units arrive monthly. A new AMRIT Clinic provides around-the-clock primary care. Aarohi's doctors, nurses, and community health workers help bridge the distance and cost barriers that seemed insurmountable.

This experience changed my view of healthcare and inequality. I was moved by how deeply Aarohi is rooted in the community, listening and working from the ground up. It changed me. I now carry a resolve of responsibility to help. I am grateful for this journey. It has left a lasting mark on my heart and inspired me to make a difference in the well-being of communities around me.

Prateek Upadhyay
PGDM, 1st year student
Goa Institute of Management

I visited Aarohi Arogya Kendra in January 2024 for a dental issue. Dr. Mukul Bisht treated multiple teeth over nine months, and I'm now pain-free. His expertise and the supportive staff at Aarohi made the entire experience smooth and reassuring.

Pandev Melkani,
Lweshal, Nayeli



I'm Nayan, a first-year MPH student from Azim Premji University, Bhopal. I wanted to thank Aarohi for allowing me to understand Primary Health Care through your inspiring interventions. I was truly inspired by Aarohi's support for underserved communities. Conversations with the senior functionaries of the health program, and the field workers shaped my thoughts; their experience, insights, and warmth stayed with me.

I especially love Aarohi's intersectoral approach, integrating health, education, livelihood, and environmental initiatives. The impact of your work is both profound and holistic, setting a strong example of sustainable development in action.

Thank you once again for your warm welcome, insightful guidance, and the opportunity to grow. I carry this experience with me as a strong foundation for my future work in public health.

Nayan

Master of Public Health, 1st Year student
Azim Premji University, Bhopal

KEY HIGHLIGHTS & INDICATORS OF 2024-25

- ▶ **Hospital Expansion:** Foundation stone laying ceremony for AAK's expansion with our patron Shri Muktesh Pant
- ▶ **WHO-CCET Training:** Two nurses participated in national ToT on Emergency & Trauma Care at PHC level
- ▶ **Dr Keerthana participated** for 1 month as part of the Travel Fellowship in rural primary healthcare

- ▶ New team members: 1 Sonologist, 1 Consulting Dentist, 4 Nurses



- ▶ Annual residential training for 24 health workers at Sattal Estate
- ▶ Reinitiated the India Fellow Program with one fellow working in Health with Aarohi for 18 months
- ▶ Exposure visits to:
 - o **Tribal Health Initiative**, Sittilingji (Aug 2024)
 - o **Azim Premji University**, Bhopal (Oct 2024)



SUMMARY OF CURATIVE HEALTH ACTIVITIES

AAK

Total villages covered
50



Total patients treated
3731



Total females treated
1731



Total males treated
1778



Total children (under 5) treated
209



Total diagnostic tests performed
668



Total specialists and surgical camps conducted
5



Total patients screened in the camps

485



Total dental patients screened (2014-2024)

2149



Total procedures done

2187



Total dental X-rays

655



AMRIT CLINIC SUNI

Total patients treated

716



Total ANC mothers benefitted

135



Total school children screened

469



Total deliveries conducted

11



MMU

Total number of MMU camps held

73



The total number of patients benefitted

3212



Total ANC women benefitted

1397



Total lab investigations done

7461



Total Ultrasound done

1819



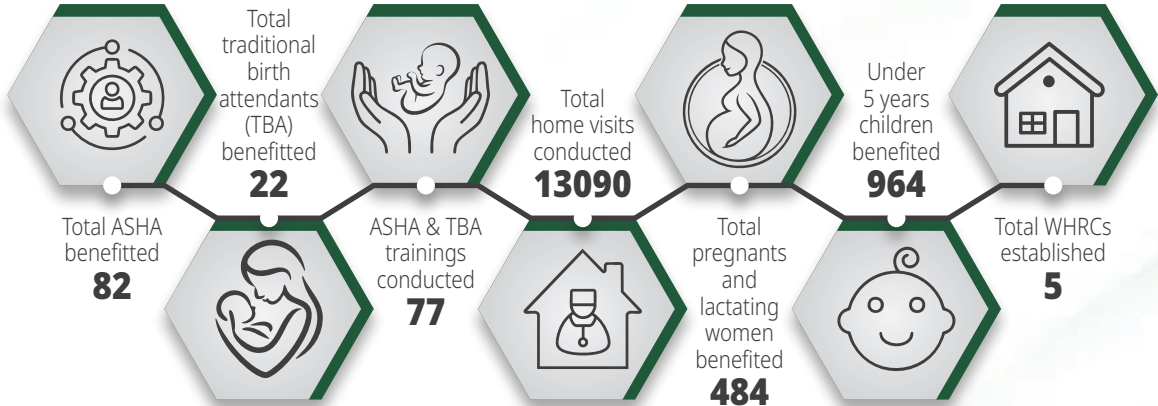
Total ultrasound ANC done

1271

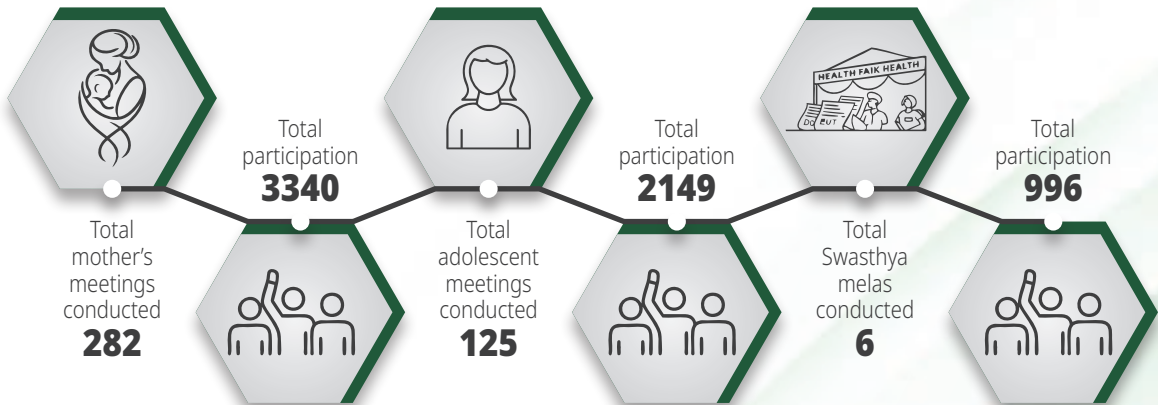


SUMMARY OF PREVENTIVE HEALTH ACTIVITIES

COMMUNITY HEALTH - CAPACITY BUILDING ACTIVITIES



COMMUNITY MOBILIZATION ACTIVITIES



Plans for the upcoming year include:

- ▶ Establishing 4 new Village Resource Centres (VRCs) in Kapkote
- ▶ Launching 1 new Amrit Clinic in Okhalkanda
- ▶ Developing public health fellowships to ensure sustained healthcare human resources

Way Forward

Currently, with the support from the Azim

Premji Foundation, Aarohi is scaling up its healthcare interventions in Okhalkanda. The plan also is to expand our work in Kapkote, an aspirational block in Bageshwar.

The model of the WHRC is being scaled into Village Resource Centres (VRCs) to integrate Aarohi's approach towards integrated development by combining aspects of health with livelihoods, natural resource management, and education. We are aiming to reunite with Tata Trusts, our long standing partners.







Education

To create equal opportunities,
joyful learning environment and
Quality education for every child in
the Himalayan communities





What began in 1994 with just four children in a rented Daak Bungalow in Peora by Oona di and encouraged by the trust of the local community. The vision gained a permanent foundation. Soon, a two-room school was built in Peora, transforming a simple idea into a growing reality.

Aarohi Bal Sansar School

A School That Feels Like Home, Where Every Child Finds Their Own Sky

Nestled in the Kumaon hills, Aarohi Bal Sansar (ABS) is more than just a school — it is a

community's quiet revolution in education.

By 2024, the vision of Aarohi Bal Sansar had evolved into a thriving high school, offering children a place where education is not just a routine but a gateway to a brighter future. Now, completing its three decades A.B.S., has today grown into a full-fledged high school with smart classrooms, science labs, and creative spaces. It has become a sanctuary where education meets imagination, and every child is seen, heard, and nurtured.

At ABS, learning is holistic and joyful. Children are encouraged to think critically, create boldly, and connect deeply with their community and environment. The school's curriculum balances

academic rigour with emotional intelligence, life skills, sports, art, and sustainability. Aarohi Bal Sansar has remained committed to its mission — making education joyful, meaningful, and inclusive for children in the rural mountains. The future holds exciting opportunities. In the coming year, the school will deepen its integration of technology into learning. Smart classrooms, AI-driven tools, and digital resources will open new avenues of knowledge. Sustainability will also become a key focus, encouraging students to engage in environmental issues through hands-on learning. The school will continue to strengthen its connection with the local community, ensuring that education uplifts not only children but also the families and villages around them. We believe that in these hills, where opportunities are often sparse, a quality education must do more than just prepare for exams — it must prepare for life.



OUTREACH EDUCATION

Taking Learning Beyond Our School Walls

For over a decade, **Aarohi's Outreach Education program** has worked to improve education quality in learning spaces across rural Kumaon— beyond the four walls of Aarohi Bal Sansar. From supporting low-income schools to introducing creative pedagogy in government classrooms, the program has evolved through five phases, each deepening our commitment to equity in education.



A Decade of Impact

- ▶ **Phase 1:** Infrastructure support to 5 schools in Kumaon
- ▶ **Phase 2:** Foundational literacy & numeracy support in aanganwadis and govt. schools in Okhalkanda block
- ▶ **Phase 3:** Learning improvement initiatives for upper primary grades
- ▶ **Phase 4:** Development of contextualized learning materials for rural schools
- ▶ **Phase 5: (2021–2024):** Integrating art-based tools for joyful and effective learning in government schools across Ramgarh, Dhari, and Okhalkanda blocks

- ▶ **Phase 6: (2024–25):** 1st phase of the Wipro Foundation Project: The year under Wipro Foundation support, the project focused on consolidating learnings and deepening the use of art and creative methods in classrooms. Despite limited resources, the impact was visible. The plans for the upcoming FY include scaling up the program.

Key Learnings & Highlights

- ▶ Children showed improved classroom engagement, creativity, and confidence — as seen in creativity assessments and academic progress.
- ▶ Shiksha Sahayaks and young rural educators embraced contemporary methods, from storytelling to experiential learning.
- ▶ Government teachers in motivated schools became champions of joyful learning.
- ▶ Collaborations with local NGOs and educators amplified reach and effectiveness.
- ▶ A small team of supervisors, including Shiksha Sahayaks like Sangeeta, led the initiative in over 15 schools, mentoring

A Program at a Crossroads

While the current project concludes in March 2025, its momentum must not fade. The Outreach Education program has seeded transformative practices in some of the most remote corners of Kumaon.



VOICES FROM THE FIELD

In a dedicated effort to strengthen learning outcomes and deepen school-home collaboration, Aarohi Bal Sansar's teaching team conducted home visits during the winter break in January 2025. These visits were designed to engage parents in conversations around their children's academic performance, behaviour, and overall development.

These visits also offered a space to acknowledge the school's social initiatives — including free uniforms, nutritious meals, learning materials, and transportation via school buses — which have significantly reduced economic barriers to education for over 100 students.



Dhruvi Arya Born on 14 January 2010 in Satkhol village, Dhruvi Arya has overcome personal loss and limited resources to become one of Aarohi Bal Sansar's brightest students. Since joining ABS in LKG, she has consistently ranked among the top three students in her class and topped twice. A natural leader and the Head Girl for two years, Dhruvi commands respect with her discipline and composure. She excels in academics, athletics (Kho-Kho, Kabaddi, and track), and has received the Mukhyamantri Udaymaan Khiladi Unnayan Yojana scholarship. A daily 2-km walk to school hasn't dulled her enthusiasm — she remains punctual, neatly dressed, and ever-

curious. She's known for her cultural flair, especially in Kumaoni and folk dance, and is proficient in MS Office, PT, and March Past.



Ujjwal Bisht Hailing from Peora village, Ujjwal Bisht is the son of Shri Ram Chandra Mission Ashram worker Harendra Bisht and homemaker Manju Bisht. Since joining ABS in Class 1, Ujjwal has grown into a quiet powerhouse of potential — calm, focused, and full of dreams. A two-time recipient of the Mukhyamantri Udaymaan Khiladi Unnayan Yojana, he shines in Kho-Kho and other games. With aspirations to become an engineer, he balances sports, academics, and cultural participation seamlessly. Known for his peace-loving nature, punctuality, and teamwork, Ujjwal embodies the values Aarohi nurtures in its students — leadership, responsibility, and compassion.

The kids opened up so much that they now lead classroom activities. I see leadership in them, and in myself too.

Sangeeta,
Supervisor Outreach Education
Ramgarh Block

KEY HIGHLIGHTS OF 2024-25

1. New School Buses

With support from Jaquar Foundation, Jawahar Foundation, and Ecos Mobility, ABS added three new buses in 2024-25, making education more accessible for children from 15+ remote hamlets.

2. Upgraded to High School

ABS received official recognition to teach till Class 10 — a milestone achievement that opens doors for continued learning locally. We are now preparing our first Class 10 batch for

board exams in 2025.

3. Young Innovators Recognised

Two students were selected for the national INSPIRE MANAK Awards for their eco-innovations, and 12 had their creative work published in Chakmak magazine — a proud moment for our mountain school.

4. Nutrition & Wellbeing

In partnership with Feeding India by Zomato, the school now provides two nutritious meals



a day, along with regular health check-ups — ensuring children learn with energy and good health.

5. Scouting, Sports & Scholarships

- Bharat Scouts & Guides program started
- 6 students selected for the Chief Minister's Sports Scholarship
- 3 students cleared Navodaya entrance — a 50% jump over last year
- Jaya Arya represented ABS at a national long jump meet in Ranchi

Academic Performance Indicators

Academic Performance – Snapshot

- ▶ Overall average score: 64% across subjects
- ▶ Top subjects: Sanskrit (73%), Hindi (68%), Art (68%)
- ▶ Best performing classes: Nursery (73%), UKG (70%), Class 1 (71%), Class 7 (67%) reflect strong early learning outcomes.
- ▶ Creative growth: Strong Art scores in Classes 5 and 8
- ▶ Language proficiency: High performance in Hindi, Sanskrit, and improving English (63%)

Class	HINDI	ENGLISH	MATHS	ART	EVS	SANSKRIT	SCIENCE	SST	ICT
NURSERY	63%	73%	70%	78%					
LKG	64%	57%	50%	60%					
UKG	64%	58%	73%	72%					
I	73%	68%	69%	67%					
II	76%	83%	69%	71%					
III	65%	83%	56%	51%	38%	68%			
IV	72%	67%	63%	67%	64%	83%			
V	67%	63%	59%	69%	42%	73%			
VI	67%	47%	53%	64%		69%	52%	51%	
VII	81%	71%	64%	67%		71%	49%	69%	
VIII	77%	63%	49%	63%		71%	40%	60%	
IX	71%	62%	54%	64%		69%	57%	54%	45%
TOTAL	71%	68%	62%	67%	49%	73%	48%	59%	45%



Way Forward

Join Us in Shaping a Mountain School of the Future

Despite our impact and reach, **Aarohi Bal Sansar runs entirely on donations, with no institutional funder supporting core school operations.** Every year, we must raise funds for:

- ▶ Teachers' salaries
- ▶ Infrastructure and maintenance
- ▶ Learning materials and technology upgrades
- ▶ Scholarships for 50+ students
- ▶ Nutrition and health programs
- ▶ Transportation costs for 100+ students

The financial deficit has grown as the school

has expanded its services — from high school upgrades to vocational training and transport. With rising costs and a deepening commitment to equity and inclusion, we are seeking new supporters and institutional partners who believe that quality rural education deserves as much investment as urban private schools.

Whether you choose to support a scholarship, a classroom, a teacher's salary, or a bus route — your contribution will go directly into changing the life paths of mountain children, most of whom are first-generation learners.

At Aarohi Bal Sansar, education is not a privilege — it is a promise. Let's keep that promise together.

The education outreach program also seeks partners, educators, and funders to reimagine this program for the next decade. The need for systemic, localized, and joyful education is greater than ever in rural India. With your support, we hope to:

- ▶ Train 100+ rural youth educators over the next 3 years
- ▶ Co-develop contextual learning content in local dialects
- ▶ Establish learning resource cells in at least 3 new blocks





Livelihoods

Developing sustainable
livelihood opportunities for
himalayan communities



PROGRAMME VISION & PILLARS

In the Himalayan region, where development is constrained by geography, infrastructure, and climate, livelihoods are deeply tied to the land, its produce, and its people's ingenuity. Aarohi has cultivated two interlinked pathways under its Livelihoods programme:

- 1. Sustainable Rural Livelihoods (SRL)**—focusing on farm-based livelihoods, value chains, and community-led agribusiness.
- 2. Livelihood Promotion Programme (LPP)**—generating non-farm livelihoods through rural enterprise, body care and wellness product development, and women-led value addition units.

Together, these programmes work to bridge the divide between tradition and modernity, vulnerability and self-reliance, marginalization and market access.

Sustainable Rural Livelihoods (SRL)

Agriculture remains the most dependable economic sector in the hills—yet it faces daunting challenges: fragmented landholdings, limited irrigation, market inaccessibility, and lack of technical support. Through the Strengthening Rural Livelihoods for Sustainable Development in the Central Indian Himalayan Region project (2021–24) funded by Bajaj Auto CSR, Aarohi worked across 34 villages in Nainital to transform farming into a viable livelihood. The project took the shape of an intervention ever since its completion in April 2024. Aarohi,



through its own efforts continued through its own resources by dovetailing and CBOs active participation.

Key Interventions:

- ▶ Promotion of organic and natural farming, soil health, crop rotation, high-density apple orchards, and sustainable water use
- ▶ Capacity building for farmers on post-harvest management, processing, and value addition
- ▶ Promotion of farmer-based institutions including 60+ **Community-Based Organisations (CBOs)**
- ▶ Creation of resilient supply chains, quality planting material, and support for diverse crops like millets, vegetables, pulses, fruits
- ▶ Emphasis on inclusive practices—especially the empowerment of women farmers

At the heart of this transformation is **DHARA**, a self-sustaining cooperative registered under the Uttaranchal Cooperative Act. Under its brand Theth Pahadi – Authentic Taste of the Himalayas, DHARA now markets 60+ value-added products

like pickles, jams, chutneys, millets, and herbs—linking farmers to meaningful market access and collective prosperity.

“Through community engagement and technical interventions, Aarohi has helped reposition farming as a viable livelihood option and laid the foundation for inclusive growth in the mountain farming ecosystem.”

SRL IMPACT SNAPSHOT

- ▶ **Villages Covered:** 150
- ▶ **CBOs Active:** 60
- ▶ **Direct Beneficiaries:** 1,836
- ▶ **Value-Added Products Launched:** 60



Livelihood Promotion Programme (LPP)

What began with a hailstorm in 1992 evolved into a movement for rural enterprise. When apricot crops failed, our founder, Oona di spotted an opportunity in what was often discarded—the seed. This led to the development of apricot oil, now the cornerstone of a wide range of **body care and wellness products** crafted in Satoli.



Today, the Aarohi Livelihoods Unit is a recognized rural enterprise producing:

- ▶ Wood-pressed oils (Apricot, Peach)
- ▶ Natural soaps, creams, lip balms—free from harmful chemicals
- ▶ Herbal teas, spices, seasonings—from nettle, mint, turmeric, rhododendron
- ▶ Craft-based sustainable livelihoods—handicrafts, wool toys, apparel

These products bring wellness to consumers—and dignity to producers.



Such stories remind us that income alone does not define empowerment. It is the ability to make choices, support families, and walk with dignity that marks real transformation.

Grameen Himalayan Haat 2024

Launched in 2001, the Grameen Himalayan Haat has grown from a modest village fair in Satoli to one of Uttarakhand's most distinctive platforms for rural enterprise, culture, and community exchange. Over the past 22 years, it has provided thousands of artisans, farmers, and women entrepreneurs from remote Himalayan villages with a chance to showcase their work, connect with wider markets, and preserve their cultural identity.

The 21st edition, held from 23rd October to 27th October 2024, brought together a vibrant mix of tradition and innovation:



VOICES FROM THE FIELD

“Now we no longer need to borrow money from anyone.”

“Earlier, daily wage labour was our only source of income. When I started working on cleaning apricot kernels, I began earning. My granddaughter now studies at Aarohi Bal Sansar School. We are able to manage our expenses on our own.”

Hansi Devi
Pyura village

Highlights

- ▶ 50+ stalls featuring handloom, handicrafts, spices, millets, honey, apricot oil, and natural body care products.
- ▶ 12,000+ visitors across five days, including rural households, urban consumers, and tourists.
- ▶ Live workshops on weaving, natural dyeing, millet recipes, and wellness practices.
- ▶ Cultural showcase with Kumaoni folk music, theatre, and youth-led performances.
- ▶ Active participation of 200+ schoolchildren, youth, and local women volunteers, strengthening the community spirit of the Haat.



Impact

- ▶ ₹10+ lakh generated in sales and orders, directly benefitting rural artisans and producers.
- ▶ Strengthened market linkages for farmer groups, women's collectives, and artisan clusters across Kumaon.
- ▶ Enhanced visibility of indigenous Himalayan products and sustainable livelihoods.
- ▶ Renewed community pride, as youth and women played key roles in organizing and leading the Haat.

From its origins as a village fair to today's Himalayan Carnival of Livelihoods & Culture, the Grameen Himalayan Haat continues to embody Aarohi's mission: empowering rural communities through sustainable livelihoods, cultural celebration, and collective resilience.

KEY HIGHLIGHTS OF FY 2024-25

1. Retail Expansion: Aarohi store launched at DLF Avenue Mall, Delhi, with plans for more outlets and stronger e-commerce presence via Amazon backed by our ware house presence in Delhi to increase visibility and streamline distribution logistics.
2. Product Innovation: Two new soap variants—Activated Charcoal and Chyura Butter—launched, with chyura now a GI-tagged ingredient
3. Cultural Packaging: Special edition Aipan-themed gift boxes launched for urban and corporate markets
4. Product Pipeline: New launches underway for Massage Oil, Chyura Body Butter, Herbal Teas, etc.
5. Capacity Building: Branding & strategy workshops with Mr. Samit Sinha and Tiffin Box, enhancing packaging, storytelling, and market positioning



Way forward: Strengthening our digital livelihoods for the Himalayas

As Aarohi reflects on its role in the regional economy and people's lives, it reaffirms its mission: to build an ecologically sound, economically viable, and community-owned development model. The road ahead includes:

- ▶ Expanding SHG-led production and herbal value chains
- ▶ Launching new natural wellness products from Himalayan ingredients such as – Massage, After Bath, Under Oils; Chyura Body Butter & Herbal Tea blends
- ▶ Strengthening e-commerce and direct-to-consumer pipelines

- ▶ Exploring white-label partnerships to scale product reach
- ▶ Increasing incomes and agency of women and youth across the region

Aarohi believes the mountains don't just offer raw materials—they offer meaning, resilience, and renewal. Every product carries that story forward.



Natural Resource Management

Sustaining himalayan harmony
between people and nature



The Central Himalayas have long been recognized for their strong tradition of community-based forest management. In Uttarakhand, where over 60% of the land is categorized as forest or wasteland, forests are vital to rural livelihoods—providing fuelwood, fodder, timber, and grazing grounds. The Van Panchayat system, a century-old institution created in response to colonial forest reservation policies, remains a cornerstone of community forestry. These panchayats are democratically governed forest user groups that manage local forests for both conservation and equitable use.

Aarohi has worked to strengthen Van Panchayats for over three decades, empowering them with technical, financial,

and institutional support. Through our Natural Resource Management (NRM) initiatives, we aim to strike a balance between conservation, sustainable livelihoods, and climate resilience in Uttarakhand’s fragile mountain ecosystems.

Now in its 3rd year, our partnership with the VNV Advisory Services under the Community-Led Action Program, Aarohi is leading a landscape-level restoration initiative aligned with the Climate, Community & Biodiversity Alliance (CCBA) standards. This includes the plantation of 15 native and economically valuable species across five districts—Nainital, Almora, Champawat, Bageshwar, and Pithoragarh. All interventions follow Verra-certified methodologies, ensuring measurable climate, biodiversity, and community benefits.

A snapshot of the NRM plantation site

District	Villages Covered	Total Plantation (Ha)
Nainital	68	1,297
Bageshwar	8	1,350
Champawat	2	11
Pithoragarh	6	105
Almora	81	1,240
Private Land	5	7



Model Initiative with the Uttarakhand Council for Biotechnology

In partnership with the Uttarakhand Council for Biotechnology, Aarohi is implementing a cluster-based sustainable farming model across six remote villages of Ramgarh, Dhari & Okhalkanda blocks of Nainital.

- ▶ Farmers trained in high-value MAPs cultivation, including kiwi, plum, persimmon, apricot, chestnut.
- ▶ 8 community training events and ongoing collaboration with Himmothan Society & Uttarakhand Council of Biotechnology.

- ▶ Focus on product development and value addition through Dhar Cooperative for income security and climate resilience.
- ▶ Over 2,000 rosemary seedlings distributed on an area covering 2 hectares.



VOICES FROM THE FIELD

Born in a small village in Nainital, Monika had to leave school due to financial hardship. Her life changed when she joined a local Self-Help Group and later Aarohi's VNV program. She received training in nursery development and, working independently, earned ₹50,000 in her first year. Today, she inspires others—10 more women in her village have started nurseries. Monika's journey embodies the transformative power of community-led natural resource management.

Monika Bisht
*Meora, Ramgarh Block,
Nainital District*

KEY HIGHLIGHTS OF FY 2024 - 25

1. *Forest Restoration and Afforestation*

- ▶ 24 lakh seedlings planted across 165 villages and Van Panchayats, covering approximately 4,000 hectares.
- ▶ Plantation strategies included use of GIS for precise area identification, local nurseries, and Artificial Natural Regeneration (ANR) techniques.
- ▶ 92 community nurseries established, creating both sapling supply and income opportunities for local youth and women.

2. *Fire Mitigation and Forest Protection*

- ▶ 70 awareness workshops on forest fire prevention and pine needle management.
- ▶ 25 Van Panchayats equipped with fire mitigation toolkits.
- ▶ 60 Van Suraksha Samitis (Forest Protection Committees) formed to strengthen local governance and reduce biodiversity loss due to forest fires.

3. *Fodder and Water Conservation*

- ▶ Indigenous improved & nutritional fodder seeds (Broom, Rai, Dolni) distributed to around 800 farmers covering 16 ha area to

reduce pressure of grazing and trampling on forests.

- ▶ Ongoing promotion of sustainable water conservation methods initiated under past projects like Swajal.

4. *Community Mobilization and Capacity Building*



- ▶ 132 community meetings held under the VNV program, with 1,800 participants (1,100 male and 700 female).
- ▶ 60 field visits and monitoring events conducted for on-ground implementation review.

5. *Livelihood Linkages through Forestry*

- ▶ 500 kiwi and 2,500 jamun fruit plants distributed to farmers for agroforestry-based income.

- ▶ 1,000 farmers onboarded under the Dehaat to strengthen backward-forward linkages.
- ▶ Expanded focus on NTFPs, wild fruits, and MAPs (e.g., apricot, chyura, rosemary, chamomile, oregano), with processing support under Aarohi's DHARA Co-operative.



Figure 3 Homestay training program



*Aarohi
Youth Wing*

Youth Wing

Nurturing Rural Youth Leadership
& Opportunity



PROGRAMME VISION & PILLARS

Started in 2010, Aarohi's Youth Wing was born out of the need to build physical, mental, and emotional resilience among rural youth—enabling them to dream, act, and lead. The Youth Wing aims to provide structured support and exposure to young people in our partner villages, helping them discover their strengths and channel their energy into meaningful action.

Whether it's sports, military service preparation, entrepreneurship, or civic responsibility, the programme empowers youth with the tools, training, and confidence to stay and thrive in the mountains.

Aarohi believes that youth are not just future changemakers—but active agents of development today. Through a range of initiatives, the Youth Wing builds:

- ▶ **Leadership through Sports & Discipline:** Coaching in athletics, kabaddi, kho-kho, and self-defense, including support to participate at block, district, state, and national levels.
- ▶ **Preparation for Opportunities like Agniveer:** Physical and mental preparation for armed forces and paramilitary recruitment.



- ▶ Exposure & Skill Building: Courses in tailoring, beauty, computer literacy, media, soap-making, and millet processing.
- ▶ Fellowship & Entrepreneurship: Through initiatives like the Swarozgar Fellowship, youth are supported to pursue sustainable livelihoods like farming, wellness, and local enterprise.
- ▶ Civic Engagement: Youth-led campaigns for swachhta (cleanliness), plantation drives, and volunteering at health and education events.



VOICES FROM THE FIELD

"Earlier, I was thinking of leaving the village, but now I want to stay and do something here. Aarohi's youth program gave me the confidence that I too can achieve something."

Ankit Mehra
22, Satkhol

"My daughter participated in self-defense and computer training—now she's confident and applying for college. Thank you, Aarohi, for seeing potential in our girls."

Saraswati Devi
Parent, Pyuda village

"The Khel Mahakumbh and Agniveer training gave direction to my son. Earlier he was lost, but now he has a goal."

A Parent
Mauna village

"I had never held a needle before, but thanks to Aarohi and the PHD Family Welfare Foundation, I've learned to stitch everything from salwar-kameez to blouses. Today, I feel confident to take on stitching work independently and contribute to my family's income. I'm deeply thankful for this opportunity. Now, I am on the path to self-reliance."

Prema Arya
Chatoula village

"After finishing Class 12, I enrolled in the Beauty Parlour course. I started with zero experience but learned everything from threading to facials and Mehndi. This course has boosted my confidence and given me the dream to one day open my own beauty parlour. Now I can turn my passion into a profession."

Simran Arya
Chatoula village

"I used to struggle with basic computer concepts. Aarohi's centre gave me one-on-one support, regular practice, and constant encouragement. Today, I understand my subject well, my performance has improved, and I feel more confident using technology."

Yashpal
Chatoula village

Key Highlights of FY 2024-25

1. Skill Development & Self-Reliance

- ▶ Ongoing certified courses in tailoring, beauty, and computer literacy for young women and men from the 15 surrounding villages with total of 67 youth enrolled. The program is supported by the PHD Family Welfare Foundation and Jaquar Foundation
- ▶ Participation in Grameen Himalayan Haat, managing stalls and logistics as part of real-world exposure and enterprise learning.
- ▶ Swarozgar Fellowship with Margshala Foundation: A new initiative to retain rural youth in the hills through dignified self-employment in farming, herbal product-making, and service delivery. Fellows receive mentorship, training, and market linkage.

2. Sports & Military Readiness

- ▶ 4 youth selected into the Agniveer scheme, a testament to focused physical training and mentorship.
- ▶ Participation in Khel Mahakumbh:
 - o 160 youth at Block level

- o 90 youth at District level
- o 14 youth at State level
- o Sports included kabaddi, kho-kho, and athletics
- ▶ One girl athlete represented Uttarakhand at the Senior National level in Athletics.
- ▶ Self-defense trainings conducted in Pyuda, Kafuda, Kwarab, and Kul to empower girls and promote safety.

3. Government Recognition & Support

- ▶ 9 youth selected under the Mukhyamantri Udaymaan Khiladi Yojana, receiving ₹1500/month.
- ▶ 3 youth selected under the Mukhyamantri Protsahan Yojana, receiving ₹2000/month as incentive for sports excellence.

4. Youth & Civic Action

- ▶ Cleanliness drives across multiple villages.
- ▶ Youth-led environmental activities and peer leadership events.

Impact in Numbers

Activity/Component	Number
Total youth engaged with Youth Wing	634
Selected under Mukhyamantri Udaymaan Khiladi	9
Selected under Protsahan Yojana	3
Agniveer selections	4
Khel Mahakumbh - Block Level Participants	160
Khel Mahakumbh - District Level Participants	90
Khel Mahakumbh - State Level Participants	14

Way forward

- ▶ Appointing a full-time Youth Wing Coordinator
- ▶ Expanding sports coaching and armed forces preparation
- ▶ Launching Skill Labs in herbal processing, soap-making, computer skills, and tailoring
- ▶ Creating Digital Learning Hubs for access to remote mentorship and online courses
- ▶ Expanding collaborations with the

Margshala Foundation on career exploration through the Khojshala Program & the rural entrepreneurship program - Swarozgar fellowship

- ▶ Creating a Youth Advisory Council to influence village-level decision-making
- ▶ Organising district-wide Youth Conclaves on local governance, climate change, and employment

Aarohi's Youth Wing aims to be a space where rural youth reclaim their future, not by leaving, but by **leading from where they are**.



Shri Hari Krishna Trivedi Memorial Project

Empowering Villages through Health,
Education, and Livelihoods



Since 2013–14, the Hari Krishna Trivedi Memorial Project has been a cornerstone of Aarohi's rural development efforts in remote regions of Bhasiyachhana and Dhaula Devi blocks of Almora district, impacting nearly 40 villages. The project integrates healthcare, education, and livelihoods to foster holistic and sustained transformation in underserved mountain communities.

Health Programme

Focused especially on maternal and child health, Aarohi's field team delivers services directly in 13 villages, covering 1301 households with a population of 6367 people (3134 women and 3233 men). This year, health days were celebrated in alignment with national campaigns, including National and International Health Days, to raise awareness and promote positive behavior change.

Health outreach includes:

- ▶ Regular Antenatal Care (ANC) and Postnatal Care (PNC)
- ▶ Home-based newborn care, village-level health check-ups
- ▶ Health education sessions through monthly women's group meetings, covering topics such as nutrition, family planning, hygiene, seasonal diseases, and more



- ▶ Adolescent Health: Under this component, the team reached out to 1629 adolescents across 10 government and private schools with monthly life-skills and health education sessions.

o Topics include:

- Personal hygiene and puberty
- Menstrual health and hygiene management



- Substance abuse awareness
- Nutrition and balanced diets
- Prevention of common diseases
- Addressing stigma, safety, and social change

These sessions are further strengthened by dedicated monthly health check-ups conducted in schools.

Education Initiatives

1. HKT Scholarship:

This year, 6 students were selected and supported under this initiative to pursue higher secondary and vocational education,

including competitive coaching in nursing, computer applications, and arts.

2. Activity Centres:

- ▶ Two vibrant activity centres in Supai cluster have been running since 2021, offering a range of co-curricular education to school-going children after school hours.
- ▶ Topics covered include: science, nature-based learning, weather, farming, storytelling, art, and music.
- ▶ Over 45 registered students actively attend and benefit from these centres.
- ▶ Children from remote villages also join during vacations and dropout recovery initiatives.

A dedicated Computer Learning Centre functions in Supai, where students from Classes 6–12 attend computer and internet literacy classes through structured quarterly modules.

3. Life Skills Education:

Through monthly life-skills sessions, children from Classes 3 to 12 across project villages are engaged in activities that promote confidence, teamwork, communication, decision-making, and social-emotional learning.

4. Extracurricular & Competitions:

Schools hosted a range of debates, quizzes, art & craft contests, and talent showcases:

- ▶ Over 30 children received awards for excellence in inter-village and inter-school competitions.

Natural Resource Management & Sustainable Livelihoods

Under the NRM component, the project covers 40 villages, impacting nearly 18,000

residents. Key outcomes include:

- ▶ 485 hectares of land under soil and water conservation
- ▶ Plantation of over 9000 plants and saplings
- ▶ Promotion of kitchen gardens, millet cultivation, and indigenous seed preservation
- ▶ Climate education sessions with school children and farmers



VOICES FROM THE FIELD



"I've been attending Aarohi's activity centre since Class 6. We learn music, computer skills, health, life skills, and get to participate in competitions and trips. This year, I joined the new English class by Avantika Didi and won a prize at the Haat fair. I feel more confident and excited about my future."

Anita Supyal
Supai

"Earlier, we had to go far for ANC checkups. Now Aarohi's health team visits our village regularly. They guide us on pregnancy, child nutrition, and cleanliness. It's been a big relief."

Working remotely from Barechhina since 2021, I've closely observed Aarohi's incredible work in nearby villages—especially for women and children. Their initiatives in education, health, sports, and cultural activities have led to real change. Women here are more confident and actively participating in community development.

Mother
from Bhasiyachhana

In 2024, I organized a Women's Cricket Tournament in Barechhina, and Aarohi's support in mobilizing participation made it a great success. Their efforts in women's empowerment and environmental awareness are truly commendable. I'm grateful to Aarohi and the Hari Krishna Trivedi Memorial Project for their inspiring contribution to our region.

Pankaj Singh Painwal
Resident, Barechhina
Team Manager,
Ergomed Clinical Research Ltd.

Highlights of FY 2024-25

- ▶ National and international health observances celebrated in schools and villages
- ▶ 3 new schools and 3 villages added to the education-health cluster programme
- ▶ At the Grameen Himalayan Haat, computer centre students participated in an exhibition, secured 2nd prize in the cultural competition, and collectively earned ₹5,500 through their handmade stall products
- ▶ Introduction of mobile science kits and community libraries
- ▶ Strengthening of youth-led community garden models
- ▶ Targeted anaemia and menstrual health campaign across adolescent groups
- ▶ Scaling NRM efforts to promote climate-resilient agriculture and water conservation

Way forward

- ▶ Expansion of digital learning in remote clusters

The Shri Hari Krishna Trivedi Memorial Project is a deeply rooted commitment to equity, empowerment, and mountain resilience. By investing in health, education, and sustainable livelihoods, this initiative continues to uplift the most vulnerable in Uttarakhand's remote hamlets—quietly, effectively, and with dignity.



Capacity Building Activities



Capacity-Building Workshops, Exposure Visits & Events (April 2024 – March 2025)

Date	Event / Activity	Venue	Organizer / Partner	Brief Highlights
30 April 2024	Fire Safety Workshop	Aarohi Bal Sansar School	Aarohi Bal Sansar Teachers	Hands-on safety drills using extinguishers
07 May 2024	Value Education Workshop	Aarohi Bal Sansar School	Internal	Life-skills based learning module for students
10 June 2024	Nutrition Awareness Workshop	Aarohi Bal Sansar School	Volunteers from the School for International Training, USA	Student engagement in food and nutrition education
16 June 2024	Student Development Workshop	Aarohi Bal Sansar School	Mrs. Monica Shah Drago	Creative & expressive arts training
24 June 2024	Teacher Personality Development Workshop	Aarohi Bal Sansar School	Mrs. Monica Shah Drago	Strengthened emotional intelligence of staff
26 June 2024	Bloom's Taxonomy Workshop	Aarohi Bal Sansar School	Aarohi Bal Sansar Teachers	Curriculum alignment using higher-order thinking skills

27 June 2024	Creative Writing Workshop	Aarohi Bal Sansar School	Mrs. Sonia	Story and poetry development with students
29 June 2024	Interdisciplinary Unit Workshop	Aarohi Bal Sansar School	Aarohi Bal Sansar Teachers	Integrated thematic lesson planning across subjects
01 July 2024	PBL Workshop – Pre-Primary	Aarohi Bal Sansar School	Mrs. Monica Shah Drago, Ms Deepa Arya	Learning by doing for early years
10 July 2024	Sankalp Swasthya Workshop	Aarohi Bal Sansar School	Dr. Deepak Pandey	Promoting adolescent health awareness
16 July 2024	Legal Literacy Camp	Aarohi Bal Sansar School	DLSA Nainital	Awareness on child rights and laws
19 July 2024	Language Teaching Workshop	Aarohi Bal Sansar School	Principal, Aarohi Bal Sansar	Tools for early literacy
24 July 2024	Child Protection Orientation	Aarohi Bal Sansar School	Principal, Aarohi Bal Sansar	Reinforcing safety protocols in classrooms
06 August 2024	3 days exposure visit – Tribal Health Initiative	Sittilingi, Tamil Nadu	Tribal Health Initiative	Studied scalable rural health models

07 August 2024	Theatre Workshop	Aarohi Bal Sansar School	Gillo Gilehri Theatre	Acting, body language, creative drama
08 August 2024	Cyberbullying Awareness Workshop	DoE Nainital	Education Department	Risks of online abuse and prevention
22 August 2024	Buyer-Seller Meet - Spices	Haldwani	Spices Board, India	Connected farmers with market channels for spices
23 August 2024	AI & Programming Workshop	Aarohi Bal Sansar School	Mr. Gauri Shankar (IIT Madras alumnus)	Coding and logical thinking for rural students
16 October 2024	1 day Exposure Visit - PHC Learning Exchange	APU, Bhopal	Azim Premji University	Refined community health approach with peer learning
04 December 2024	2 days exposure visit to the 21st Partners' Forum - Education	Azim Premji University, Bengaluru	Wipro Foundation	Aarohi Bal Sansar leadership participated in national education summit
09 December 2024	3 days National ToT - Emergency & Injury Care	AIIMS, New Delhi	WHO-CCET	Trained nurses in emergency and trauma

09 December 2024	3 days Residential Training – Health Workers	Sattal Estate, Sattal	Aarohi Health Team	Refresher training for 24 rural health staff
11 December 2024	International Mountain Day	NIHE, Kosi Katarmal, Almora	GB Pant NIHE	Executive Director shared Aarohi's sustainable mountain development approach
23 December 2024	7 days Scout & Guide Basic Training Camp	Laxmi Shishu Mandir, Haldwani	Scout & Guide District Association, Nainital	Instilled discipline, teamwork, and community service in students
27 January 2025	Visit – Hisalu Group	Aarohi Head Office	Udyam	Product development & value-addition discussion
27 January 2025	Researcher Visit – NIHE Ladakh	Aarohi Head Office	GB Pant NIHE Ladakh RC & Aarohi	Sea buckthorn exchange & learning
06 February 2025	2 days Biotechnology Conclave	UCB, Patwadanger	Uttarakhand Council for Biotechnology	Aarohi presented lead paper on climate resilience
17 February 2025	3 days Forest Fire & Mitigation Workshop	ATI, Nainital	National Institute of Disaster Management	Community-based forest fire response training

24 February 2025	Scientific Cultivation Training – Oregano	Aarohi Head Office	Uttarakhand Open University	Trained farmers in herb cultivation techniques
05 March 2025	Annual Review – AAROHI-UCB Project	UCB Haldi, Pantnagar	Uttarakhand Council for Biotechnology	Reviewed progress of MAPs & climate-resilient agri program
07 March 2025	5 days homestay cluster training	Aarohi Head Office	Dept. of Tourism, Govt. of Uttarakhand	Trained rural homestay hosts in hospitality and tourism skills
19 March 2025	2 weeks GIM Service Learning & Rural Immersion	Aarohi Head Office	Goa Institute of Management	Health, education & livelihoods orientation
21 March 2025	Himalayan Tourism Samman Awards	Dehradun	PHDCCI, UNDP, Forest Dept. Govt. of Uttarakhand	Recognized for Peora village development & Grameen Himalayan Haat efforts

FINANCIALS

ABRIDGED BALANCE SHEET AS OF MARCH 31, 2025

SOURCES OF FUNDS	2024-25	2023-24
	Amount (INR)	Amount (INR)
Unrestricted funds (General Fund)	₹12,08,93,821.00	₹ 6,30,48,855.00
Earmarked funds and grants pending utilization	₹ 5,19,87,243.00	₹ 5,20,34,080.00
Grants utilized for fixed assets (Fixed and Moveable)	₹ 3,31,63,670.00	₹ 2,38,69,190.00
Current Liabilities	₹ 31,49,145.00	₹ 31,80,756.00
Total	₹ 20,91,93,879.00	₹ 14,21,32,881.00

APPLICATION OF FUNDS	2024-25	2023-24
	Amount (INR)	Amount (INR)
Fixed Assets (Fixed and Moveable)	₹ 5,40,33,542.00	₹ 4,22,27,234.00
Long Term Investments	₹ 11,81,81,431.00	₹ 7,92,59,797.00
Cash at hand and in bank	₹ 2,58,84,728.00	₹ 78,86,264.00
Other current assets and investments	₹ 1,10,94,178.00	₹ 1,27,59,586.00
Total	₹ 20,91,93,879.00	₹ 14,21,32,881.00

INCOME	2024-25	2023-24
	Amount (INR)	Amount (INR)
Donations and grants	₹ 9,26,39,778.00	₹ 4,63,41,487.00
Community contribution	₹ 1,56,356.00	₹ 3,89,884.00
Income from investments and interest	₹ 69,82,862.00	₹ 57,43,667.00
Receipts from activities	₹ 71,29,241.00	₹ 52,09,286.00
Income from the livelihoods program	₹ 74,75,758.00	₹ 69,98,291.00
Other income	₹ 11,38,307.00	₹ 8,84,854.00
Total Income	₹ 11,55,22,302.00	₹ 6,55,67,469.00

EXPENDITURE	2024-25	2023-24
	Amount (INR)	Amount (INR)
Health Program	₹ 1,43,55,802.00	₹ 1,26,84,794.00
Education Program	₹ 67,48,526.00	₹ 1,04,45,226.00
Energy, Natural Resource Management, and forestry	₹ 55,42,041.00	₹ 71,71,381.00
Livelihood Promotion Program	₹ 85,03,603.00	₹ 66,04,965.00
Unallocated expenditure	₹ 35,57,987.00	₹ 56,86,402.00
Total Expenditure	₹ 3,87,07,959.00	₹ 4,25,92,768.00
Surplus	₹ 7,68,14,343.00	₹ 2,29,74,701.00

Note: Expenditure is net of amounts met from earlier year's accumulation

Working notes

PY – Env/ Energy includes Rs 122 Schweiz Energy

PY – Livelihood – IE of Livelihood + Haat Expenditure

Date: 15-09-25

INDIVIDUAL DONORS FOR THE FY 2024-25

S. N.	Name	Address	Amount Rs.	Purpose
1	Ms. Usha Rajgarhia	33/1 Friends Colony East, New Delhi, Srinivaspuri, South Delhi-110065	₹ 1,800,000.00	Development
2	Justice Indu Malhotra	98, Anand Lok, Ground Floor, New Delhi-110049	₹ 1,200,000.00	Health
3	Mr. Abhishek Saxena	0671, Tower6, ATS Village, Sector 93A, Expressway, Noida,U.P.	₹ 500,000.00	Development
4	Ms. Anu Khurana	7, Green Avenue, Vasant Kunj, New Delhi 110070	₹ 500,000.00	Education
5	Mr. Robin Matharu	A-4 Savitri Cinema Marg, G.K.Enclave 2, Near Savitri Flyover, New Delhi-110048	₹ 400,000.00	Education
6	Mr. Vikram Maira	Shitla Mukteswar, Nainital-263138	₹ 260,000.00	Development
7	Mr. Shubham Pant	5407 Abington Creek Lane, Sugarland, TX-77479 USA	₹ 200,000.00	Education
8	Mr. Amaani Mehra	72-73 Joshi Colony, The Mall, Amritshar 143001	₹ 120,000.00	Education
9	Mr. Rakesh Dhar Jayal	New Delhi	₹ 100,000.00	Development
10	Dr. Col. Chandra Shekhar Pant	D- 28, I Floor, Gulmohar Park, New Delhi 110049	₹ 100,000.00	Education

11	Mr. Gaurav	801 Sumer Trinity Tower 1, New Prabhadevi Road, Mumbai 400025	₹ 90,000.00	Education
12	Mr.Neelesh Lohani	Ashirwad, Devashish Puram, Chharayal Nayak, Haldwani 263139	₹ 90,000.00	Education
13	Mr. Bhupendra Tandon	22152 United Satetes 5921 Hall ST, Springfield Virginia	₹ 83,810.00	NRM
14	Mr. Ganesh Singh Bisht	Village Gajar, Post Kasiyalekh, Nainital	₹ 70,000.00	Development
15	Ms. Premila Nazareth Satyanand	S-349, Panchshila Park, New Delhi -110017	₹ 67,000.00	Education
16	Ms. Sakshi Gudwani	House number J 254 ,Tower J DLF Park Place, DLF Phase 5 Sector 54, Gurugram Haryana 122009	₹ 60,000.00	Education
17	Ms. Varsha Desai	17, Sekhsaria Building,40, Parekh St,Mumbai 400004	₹ 60,000.00	Education
18	Kundra & Bansal	New Delhi	₹ 50,000.00	Development
19	Mr. Parmeshwar Krishan Dhawan	A1-1601 World Spa, Sector 30,, Gurgaon-122001	₹ 50,000.00	Health
20	UTE Trapp	64293 Darmstadt Robert- Bosch-Str. 18E, Germany DE	₹ 40,763.00	Education
21	Dr. Puneet Kumar Singh	Satoli, Nainital 263138	₹ 30,300.00	Development
22	Mr. Raghuveer Mehra		₹ 30,000.00	Education
23	Mr. Rohan Tourani		₹ 30,000.00	Education

24	Mr. Yogesh Verma	M22 Kia Flagship, SZR. DUBAI, UAE	₹ 30,000.00	Education
25	Ms. Angleen Malik	4B Belair Union Park, Pal Hill Road, Khar, Mumbai-400052	₹ 30,000.00	Education
26	Ms. Jyoti Datwani	17, Sekhsaria Building,40, Parekh St,Mumbai 400004	₹ 30,000.00	Education
27	Brig. Sudesh Ramesh Desai	New Delhi	₹ 25,000.00	Development
28	Ms. Sheela Kohli Joshi	P-22 South City, Gurgaon-122007	₹ 25,000.00	Development
29	Mr. Satish Chand	B 11 2nd floor swasthya vihar delhi 110092	₹ 20,400.00	Education
30	Dr. Vaneeta Kapur	New Delhi	₹ 20,000.00	Development
31	Mr.Bela Kumar	New Delhi	₹ 20,000.00	Development
32	Ms. Abha Chakravarty	9/1095, Vasundhara, Ghaziabad (U.P.)-201012	₹ 20,000.00	Education
33	Ms. Jagruti Naravani		₹ 20,000.00	Education
34	Ms. Swati Pant	Piyush Dham, Naul Bijroli, Pandeygaon, Bhimtal, Uttarakhand 263136	₹ 18,000.00	Development
35	Mr. Tulsi Gurbaxani	F-1, Sector 9N, CBD Belapur, Navi Mumbai-400614	₹ 16,000.00	Education
36	Mr. Govind Singh Dhama	C/o Shanti Dhama, Pragati Vihar, Nawabi Road, Haldwani, Nainital-263139	₹ 15,000.00	Education

37	Mr. Ambuj Agrawal	Vill. Satpuri, Hartola, Nainital-263158	₹ 10,000.00	Development
38	Mr. Subhas		₹ 5,000.00	Development
39	Mr.Rajendra Kumar Thukral	207, Pocket B, DDA Flats, Sukhdev Vihar New Delhi - 110025	₹ 5,000.00	Development
40	Mr. Kanav		₹ 4,000.00	NRM
41	Mr. Sanjeeb		₹ 4,000.00	NRM
42	Hem Chandra Pandey	Bhimtal, Nainital	₹ 2,100.00	Gramin Haat
43	Ms. Kamini Gangwal	A-12 Westend RCO Tula Nagar, Kotla Mubarakpur, New Delhi	₹ 2,000.00	Education
44	Ms.Alka Agarwal	W/o S.K.Agarwal,Ayar Pata Ward, The Holy Angels Ayar Pata Mallital, Nainital, Uttarakhand,263001	₹ 2,000.00	Education
45	Mr. Chandra Shekhar	Diyari, Nainital- 263138	₹ 1,000.00	Development
46	Mr. K.G. Gopala Krishnan	C-8/8483, Vasant Kung, New Delhi-110070	₹ 1,000.00	Education
47	Ms.Surinder Gupta	S/o Kasturi Lal gupta,House No.55 Holy Angel School Ayar Pata Mallital, Nainital, Uttarakhand, 263002	₹ 1,000.00	Education
Total			₹ 6,258,373.00	

INSTITUTIONAL DONORS FOR THE F/Y 2024-25

S. N.	Name	Address	Amount Rs.	Purpose
1	Micky & Vinita Pant Charitable Fund (National Philanthropics Trust)	165 Township, Line RD Suite1200, Jenkintown, 19046-3594 US PA	₹ 51,178,945.00	Health
2	Tata Education And Development Trust	Bombay House, 24, Homi Mody Street, Fort, Mumbai, 400001	₹ 16,620,000.00	Health
3	Value Network Ventures Pte. Ltd.	10 Anson Road, #29-07 International Plaza, Singapore - 079903	₹ 5,485,550.00	NRM
4	Swiss Himalayan Amity	2/Freiestrasse 135 3/Ch/8032 Zurich Switzerland	₹ 3,845,690.00	Development
5	Radha Mohan Mehrotra Medical Relief Trust	316, Neelam, 108, R.G. Thandani Marg Worli, Mumbai-400018	₹ 3,482,000.00	Health
6	Bharat Investments Growth Limited	702, 7th Floor Banni City Center, Sector -63 Gurgaon, Haryana 122011	₹ 2,381,150.00	Education
7	Ecos (India) Mobility & Hospitality Limited	1St Floor, Plot No.45, 1St Floor, Corner Market, Malviya Nagar, New Delhi-110017	₹ 2,138,600.00	Education

8	Jaquar Foundation	Jaquar Foundation (A unit of Jaquar & Company Pvt. Ltd.,)Plot No.3, Sector –M 11, IMT Manesar,Gurgaon, NCR - 122050, India	₹ 1,911,648.00	Education
9	360 One Foundation	360 One Center, Kamala City, Senapati Bapat Marg, Lower Parel West, Mumbai-400013	₹ 1,600,000.00	Education
10	M/s Wipro Foundation	Doddakannelli, Sarjapur Road, SJP1, A blk, 1st Floor, Carmelaram Post Bangalore - 560035 Karnataka, India	₹ 1,529,465.00	Education
11	PS Intelegencia Analytics Pvt. Ltd.		₹ 1,500,000.00	Development
12	Abhay Dan	301,Pragati Chamber, Ranjeet Nagar, Commercial Complex, New Delhi-110008	₹ 1,200,000.00	Development
13	Aloha Technology Pvt. Ltd.	Kumar Crystal, 2nd and 3rd Floor, New DP Road Aundh Pune 411007	₹ 1,000,000.00	Education
14	Tata Steel Downstream Product Ltd.	Tata Centre, No.43 Chowringhee Road, Kolkata-700071	₹ 695,000.00	Education
15	Gama Infraprop Pvt.Ltd.	M-3 Hauz Khas, First Floor, Aurbinod Marg, New Delhi-110016	₹ 600,000.00	Education

16	Bajaj Auto Ltd.	Bajaj Auto Limited Complex Mumbai - Pune Road, Akurdi Pune 411035	₹ 400,000.00	SRL
17	Uttarakhand Council For Biotechnology	Haldi, Near Police Station, Pantnagar-263145	₹ 240,000.00	
18	M/s Human India	Lata Bhavan, Srikot Gangnali, Srinagar Garhwal, Pauri-246174	₹ 130,000.00	Development
19	M/s Sisi & Savita Charitable Trust	215 The Water Gardens, London, W2 2DF, United Kingdom	₹ 110,340.00	Education
20	Dhara Syayatt Sahkarita	Satkhol, Peora, Nainital-263138	₹ 100,000.00	Development
21	M/s Bhabani Pigments Pvt. Ltd.	A-30 Block B-1, Mohan Co- operative Industrial Estate, New Delhi-110044	₹ 100,000.00	Development
22	Linde Foundation	Level 6, Presitge Khoday Tower, No.5 Raj Bhawan Road, Bangalore- 560001	₹ 99,200.00	Education
23	M/s Sisi & Savita Charitable Trust	215 The Water Gardens, London, W2 2DF, United Kingdom	₹ 97,474.00	Education
24	Pande Family Charitable Trust	69, Bajajnagar Enclave Jaipur, 302015	₹ 51,000.00	Education
25	Mr. Deep Chandra Joshi	P-22 South City, Gurgaon-122007	₹ 50,000.00	Development

26	Genral Mohan Singh Azad Hind Fauj Charitable Trust	Baljit Jain F.F. D-291, Defence Colony, New Delhi-110024	₹ 50,000.00	Education
27	M/s Renu Robin Design	A-4 Savitri Cinema Marg, G.K.Enclave 2, Near Savitri Flyover, New Delhi-110048	₹ 50,000.00	Education
28	M/s World Learning India Pvt.Ltd.	168 G/F, Pocket-02 Jasola Vihar,New Delhi	₹ 48,000.00	Development
29	M/s Human Healers	Lata Bhavan, Srikot Gangnali, Srinagar Garhwal, Pauri-246174	₹ 40,000.00	Development
30	Jatia Bal Vihar Educational Trust	Mr.Mahesh Jatia S-547 Greater Kailash II, New Delhi-110048	₹ 25,000.00	Development
31	M/s Shazada Ram Satya Wati Charitable Trust	C/o Dr. R.K. Gupta & Asha Gupta E-437, Ground Floor,Greater Kailash- 2,New Delhi-110048	₹ 25,000.00	Development
32	Graphic ERA	Bhimtal, Nainital	₹ 20,000.00	Education
33	The Online Giving Foundation	Shop No 206, Level 1, Raghuleela MallVashi - Navi Mumbai - 400 703	₹ 12,616.47	Development
34	Prefect Setting (Iram Sultan)	D-183, Westend Heights,DLF Phase-5, Gurgaon-122009	₹ 10,000.00	Development

35	The UK Online Giving Foundation	4 More London Riverside C/O Womble Bond Dickinson (Uk) Llp London Se1 2Au, GB	₹ 8,495.00	Education
36	B2R Technologies Pvt. Ltd.	Simayal, Nathuwakhan, Nainital, Uttarakhand, 263135	₹ 5,100.00	Gramin Haat
37	Raja Scientific And Surgicals	1St. Floor Rampa Complex Kaladhungi Crossing Haldwani, Nainital	₹ 5,100.00	Gramin Haat
38	Dangi Drug Distributer	Haldwani, Nainital	₹ 5,000.00	Gramin Haat
39	Pradhan Mantri Bhartiya Jan Aushadhi Kendra	Haldwani, Nainital	₹ 2,100.00	Gramin Haat
40	GDJ Aggrawal Educational And Charitable Trust	Ayar Pata Ward,The Holy Angels Ayar Pata Mallital, Nainital, Uttarakhand, 263001	₹ 2,000.00	Education
Total			₹ 96,854,473.47	

MEMBERS – FOUNDERS, LIFE AND ANNUAL

Founders

Late Mrs Oona Sharma, IRMA, Uni. Of Sussex	Founder, Secretary till 29th August 1996
Dr Sushil Sharma, M.B.B.S., D.A.	Co-founder
Late Pratap Bhaiya, Advocate, ex-Min. Govt. of U.P.	Chairperson till 30th November 2009
Late Mr V.B. Easwaran, ex-Fin. Sec. GoI	Founder Member
Late Dr Ajay Dhar	Founder Member
Mr Mohit Satyanand, Economist	Founder Member

Life Members joined this year

Name	Location
Mr. Muktesh Pant	USA
Ms. Vinita Pant	USA
Ms. Sara Sunalika	USA

Life Members

S.N.	Name	Country
1.	Ms. Nicole Kilborn	Australia
2.	Mr. Tim Winton	Australia
3.	Ms. Marissa Howard	Australia
4.	Ms. Helen Peters	Australia
5.	Mr. Arjun M. Hiemsath	Australia
6.	Mr. Kabir M. Hiemsath	Australia
7.	Mr. Steven Langendries	Belgium

8.	Ms. Stefanie Friedel	Belgium
9.	Dr Astrid Christoffersen-Deb	Canada
10.	Mr. David McMinn	Canada
11.	Mr. Vijay Kumar	Germany
12.	Mrs. Margaret Kumar	Germany
13.	Mr Samiran Tripathi	India
14.	Pooran S. Nayal	India
15.	Ms Lata Sharma	India
16.	Dr R.K. Thukral	India
17.	Dr Gita Pujari Misra	India
18.	Dr Prashant Misra	India
19.	Dr. Ravi Chandra	India
20.	Dr . Sudhakar Reddy	India
21.	Mrs. Sangeeta Sharma	India
22.	Mr. Aditya Ahuja	India
23.	Mr. Rajesh Thadani	India
24.	Ms. Anuradha Sharma	India
25.	Mr. Peter Laughton	India
26.	Mr. Subodh Kumar Saigal	India
27.	Mrs. Purnima Saigal	India
28.	Ms. Aishwarya Saigal	India
29.	Ms. Aparajita Saigal	India
30.	Mrs. Smriti Sharma	India

31.	Mr. Vishal Bhandari	India
32.	Dr. (Col) C. S. Pant, VSM	India
33.	Ms. Surbhi Bhalla	India
34.	Ms. Kamiya Dargan	India
35.	Dr. Geeta Pant	India
36.	Dr. Sanjay Jain	India
37.	Dr. Nivedita Deo	India
38.	Mr. Rahul Jain	India
39.	Dr. Rajiv Kapoor	India
40.	Mr. Lalit Bhandari	India
41.	Mr. Vivek Gupta	India
42.	Mr. Nitin Gupta	India
43.	Ms. Sudha Sastri	India
44.	Mr. Shrikant Sastri	India
45.	Mrs. Saral S. Tandan	India
46.	Dr. Navin Dang	India
47.	Dr. Manju Dang	India
48.	Mr. Rajiv Kumar	India
49.	Mr. Ravi Sachdev	India
50.	Dr. Ajay Pant	India
51.	Dr. Jyotsna Pant	India
52.	Ms. Swati Pant	India
53.	Mrs. Jasjit Mansingh	India
54.	Mrs. Jasleen Dhamija	India

55	Mrs. Sukhada Gupta	India
56	Air Vice Marshal V. B. Batra	India
57	Lt. Col. Rajat Chatterjee	India
58	Ms. Niharika Puri	India
59	Mrs. Neelakshi Chatterjee	India
60	Col. Sudhir Tripathi (Retd)	India
61	Mrs. Vijaylakshmi Baig	India
62	Mr. Ranjit Dhillon	India
63	Mr. Ibadat Singh Dhillon	India
64	Mr. Sanjeev Saith	India
65	Mrs. Laxmi Ahuja	India
66	Mr. Rajeev Butaliya	India
67	Dr. Himanshu Upreti	India
68	Mrs. Geeta Pant	India
69	Dr. Surjit Mansingh	India
70	Dr. Rohit R. Nair	India
71	Prajakta Sarwottam	India
72	Dr. Rajiv Usgaocar	India
73	Dr. Smita Usgaocar	India
74	Ms. Neeraja Joshi	India
75	Mr. Abey Pandaplakkal John	India
76	Ms. Jyoti Patil	India
77	Dr. Rajesh T. Mehta	India

78	Dr. Bharti R. Mehta	India
79	Mrs. Meera Gurabaxani	India
80	Mrs. Arti Gurbaxani	India
81	Mr. H. Gurbaxani	India
82	Mr. Avinash Gurbaxani	India
83	Mr. Kaushik Chatterjee	India
84	Mrs. Suchishree Chatterjee	India
85	Mr. Kurush Pavri	India
86	Dr. Amrish S. Vaidya	India
87	Mr. Mahesh M. Natekar	India
88	Ms. Shweta Gopalachari	India
89	Mr. Vikram Suresh Nerurkar	India
90	Ms. Arti Shennoy	India
91	Mr. Milind Gandhi	India
92	Mrs. Lopa Gandhi	India
93	Mr. V. Venkat Rao	India
94	Ms. Priti Rao	India
95	Shri Ram Vaidya	India
96	Ms. Shilpi Gupta	India
97	Mrs. Geeta Pant	India
98	Mr. Milind P. Mokashi	India
99	Mr. Suresh Bhapkar	India
100	Ms. Rashmi Birmani	India

101	Mr. Sanjay Deshpande	India
102	Ms. Juhi Harisinghani	India
103	Mrs. Meena Harisinghani	India
104	Mr. Ajit Harisinghani	India
105	Mr. Anand Vinze	India
106	Mrs. Jayashree Vinze	India
107	Mrs. Pilloo Framjee	India
108	Mrs. Geeta Billimoria	India
109	Mr. Sirish Kulkarni	India
110	Mrs. Raj Arora	India
111	Dr. Kumar Viswanath	India
112	Mrs. Radha Vishwanath	India
113	Ms. Usha Deo	India
114	Mr. Vikash Deo	India
115	Mr. Deepak Deo	India
116	Brig. Vivek Saptnekar, VSM (Retd)	India
117	Mrs. Neela Sapatnekar	India
118	Mrs. Prajakta Sarwottam	India
119	Ms. Neha Jacob Pune	India
120	Mrs. Monica Shah-Drego	India
121	Dr. Kunal Mehta	India
122	Dr. Ripple Mehta	India
123	Mr. Peter Furst	India

124	Mrs. Maureen Furst	India
125	Mrs. Kalpana Ghai	India
126	Mr. Subhash Puri	India
127	Dr. Ashok Agrawal	India
128	Mr. Mohan Lal Gupta	India
129	Mr. Kavikumar Nagarajan	India
130	Dr. Soma Sri Harsha	India
131	Mr. Shreyas Shankar	India
132	Mr. Yoganand Sinha	India
133	Mrs. Maya Sinha	India
134	Mr. Peter S. Chowfin	India
135	Mr. Iqbal Husain Khan	India
136	Mrs. Manjula Jhunjhunwala	India
137	Dr. Kusum Jasuja	India
138	Dr. Bharaj Lal	India
139	Mr. Aashish Chaudhary	India
140	Mrs. Manju Gupta	India
141	Mr. Arun Kumar Gupta	India
142	Mr. Ankit Gupta	India
143	Mr. Rajneesh Ranjan	India
144	Mr. Mohan Chandra Kandpal	India
145	Mr. C.S. Martoliya	India
146	Mr. Ranjan Joshi	India

147	Mr. Manoj Tewari, MLA	India
148	Mr. Chandra Shekhar Pandey	India
149	Mr. Jagdish Nayal	India
150	Mr. Sunder Lal	India
151	Mr. Sanjeev Kumar Bohra	India
152	MR. Arjan Brijnath	India
153	Mrs. Diljit Brijnath	India
154	Dr. Deepak Gaur	India
155	Shri Bhawani Datt Kharkwal (IPS)	India
156	Dr. Lakshita Joshi	India
157	Mr. Vinit Joshi	India
158	Mr. Sunanda Joshi	India
159	Mr. Saurav Debnath	India
160	Mr. Gopal Negi	India
161	Dr. P. L. Arya	India
162	Mr. Ashish Mukherjee	India
163	Mr. Rajendra Singh Mehra	India
164	Ms. Anandi Arya	India
165	Dr. Pankaj Tewari	India
166	Mr. Jagdish Bhandari	India
167	Mr. Diwan Singh Bisht	India
168	Mr. Praveen Sharma	India

169	Mr. Kunwar Singh Negi	India
170	Ms. Kiran Singh	India
171	Ms Julia Singh	India
172	Mr. Harish Chandra Singh Negi	India
173	Mrs. Rohni Dutta	India
174	Mr. Kalyan Paul	India
175	Ms. Anita Paul	India
176	Dr. Tejasvi Bhatt	India
177	Mr. Raju Mehra	India
178	Mr. Pradeep Gupta	India
179	Mrs. Shubha Gupta	India
180	Mr. Tikam Singh Bisht	India
181	Mrs. Sheeba Sen	India
182	Dr. Sushil Sharma	India
183	Ms. Munni Suyal	India
184	Dr. Harish Chandra Pant	India
185	Dr. Puneet Singh	India
186	Mrs. Madhumita Mitra	India
187	Mr. Vikram Maira	India
188	Mr. Devendra Singh Nayal	India
189	Mr. Toposmito Sengupta	India
190	Ms. Pilar Palacia	Italy
191	Mr. Claude Al Tabar	Lebanon

192	Ms. Kanika Jain	Singapore
193	Dr. Sarah Marti	Switzerland
194	Dr. Corina Wild	Switzerland
195	Dr. Robert Graf	Switzerland
196	Mr. Charles Dobbin	UK
197	Ms. Jaqueline Lane	UK
198	Ms. Robyn Davidson	UK
199	Mr. Leeds	UK
200	Mrs. Fiona Mohan	UK
201	Mr. Barrows	UK
202	Ms. Hazel Jackson	UK
203	Ms. Gill Smith	UK
204	Ms. Liz Roberts	UK
205	Mr. Kenneth Robbie	UK
206	Ms. Jodie Giles	UK
207	Ms. Lucy Lloyd Price	UK
208	Mr. Barry Morley	UK
209	Mr. Richard Chamberlin	UK
210	Dr. Michael Priest	UK
211	Mr. Russell Scott	UK
212	Mr. Nigel Ried	UK
213	Ms. Aparajita Singh Breur	USA
214	Dr. Thomas Breur	USA
215	Ms. Nimmi Harisinghani	USA

216	Mr. Alope Mansingh	USA
217	Mrs. Yasmir Bisal	USA
218	Ms. Maya Mansingh	USA
219	Dr. Sandeep Gupta	USA
220	Ms. Fatima Gupta	USA
221	Mr. Romi Sahai	USA
222	Mr. Abhinav Saigal	USA
223	Dr. Seemin Qayum	USA
224	Mr. Sinclair Thomson	USA
225	Dr. Sanjeev Arora	USA
226	Dr. Madhu Arora	USA
227	Ms. Anita Arora	USA
228	Ms. Sarah Arora	USA
229	Ms. Siddhi Gupta	USA
230	Mr. Joshua Kearns	USA
231	Dr. Anjali Niyogi	USA
232	Mr. Patrick Staiger	USA
233	Dr. Vineet Varanasi	USA
234	Dr. Subhashini Allu	USA
235	Ms. Medha	USA
236	Dr. Mukesh Shah	USA
237	Dr. Neera Shah	USA
238	Mr. Gurpal Singh Bindra	USA

Aarohi Team

S. No. NAME

ADMINISTRATION

1	Yashpal Arya
2	Sundar Lal
3	Chandrashekhar
4	Bimla Bisht
5	Harish Chandra
6	Bhupendra Singh Bisht
7	Rajendra Prasad
8	Mahendra Singh Nayal
9	Minakshi Kamal Kishor
10	Bhawani Arya
11	Pankaj Tewari
12	Hemant Bisht
13	Mahipal Singh Bisht

HEALTH

14	Jagdish Singh Nayal
15	Prakash Ch. Pandey
16	Sushila Bisht
17	Puran Chandra
18	Pradeep Kumar

19	Munni Suyal
20	Har Singh Mewari
21	Ms. Champa Kanwal
22	Mr. Kavi Kumar N
23	Ms. Deepa Paneru
24	Ms. Manju Devi
25	Ms. Pooja Joshi
26	Mr. Neeraj Negi
27	Dr. Prasanta Kumar Misra Choudhury
28	Dr. Gita Pujari Misra
29	Mamta Nayal
30	Neha Arya
31	Samiran Narayan Tripathi
32	Ms. Niha Mehra
33	Ms. Jyoti Mahtoliya
34	Lalita
35	Beena Nayal
36	Kiran Arya
37	Deepa
38	Mamta
39	Priya Pargai
40	Pratibha Chausali

41	Vimla Nayal
42	Pooja Paneru
43	Ms. Suman Arya
44	Ms. Neema
45	Ms. Prema Bungyal
46	Ms. Sarita Paneru
47	Kusum Nayal
48	Rekha Devi
49	Neelam Bhatt
50	Hema Devi
51	Shobha Negi
52	Vishakha Bisht
53	Geeta Bisht
54	Neha Jeena
55	Rashmi
56	Laxmi Nayal

EDUCATION

57	Neema Devi
58	Jyoti Joshi
59	Deepa Arya
60	Poonam Arya
61	Deepak Pandey
62	Brijesh Kumar

63	Pradeep Rastogi
64	Hema
65	Archana Chandra
66	Laxmi
67	Neha Rautela
68	Neema
69	Lalita Tiwari
70	Supriya
71	Jagdish singh
72	Harish Chandra Kabdwal

SUPAI HEALTH & EDUCATION

73	Chandra Kala Bisht
74	Anita Negi
75	Maya Jarout
76	Geeta Devi
77	Daya Jaraut

LIVELIHOOD PROMOTION PROGRAM

78	Deep Chandra
79	Puran Nayal
80	Devendra Nayal
81	Basant Thapa / Krishna Bahadur Thapa
82	Sundar Negi
83	Janki Thapa

84	Bhuwan Sunori
85	Asha Negi
86	Harish Chandra
87	Champa Negi
88	Kamla Negi
89	Suresh Chandra Kapil
90	Bhuwan Chandra
91	Leela Negi
92	Kripal Singh Bisht

SRL LIVELIHOOD PROGRAM

93	Sanjay Bisht
94	Puran Ch.Kabdwal
95	Bishan Arya
96	Narendra Singh Bisht
97	Khushal Singh
98	Jagadish Chandra
99	Neema Kabdwal
100	Narayan Singh

OUTREACH EDUCATION

101	Yamuna Bungiyal
102	Naveen Chandra
103	Sunita Bisht
104	Sanjana Arya

105	Dinesh Singh Bisht
106	Pinki Chand
107	Balveer Kaur
108	Narendra Singh Dev
109	Km Manju
110	Hemant Singh Khanka
111	Rustam Singh Rana
112	Sameer Sana
113	Rabeena
114	Anita Raj
115	Geeta Jeena
116	Nancy Chand
117	Maneesha Nagdali
118	Puja Bhatt
119	Anamika Kumari
120	Preeti
121	Himani Bisht

AAROHI'S NETWORK

Government Networking partners of 2024-25

- ICDS Department, Government of Uttarakhand
- Beti Bachao, Beti Padhao
- Department of Education
- Uttarakhand Tourism Development Board (UTDB)
- Uttarakhand State Council for Science & Technology (U-COST)
- Uttarakhand Council for Biotechnology (UCB)
- Agriculture Department, Uttarakhand
- Horticulture department, Uttarakhand
- National Health Mission, Uttarakhand
- Centre For Public Policy and Good Governance

Institutional Affiliations 2024-25

- FAO – Mountain Partnership
- Himalayan Unnati Mission (HUM) - The Art of Living
- India Fellow Program
- Institute Of Himalayan Environmental Research and Education (INHERE)
- PhD Family Welfare Foundation
- Margshala Foundation
- Association of Rural Surgeons of India
- Rural Hospital Network
- Basic Healthcare Services, Udaipur
- WHO Collaboration Centre for Emergency and Trauma Care

Academic Collaborations 2024-25

- UGC Malaviya Mission Teacher Training Program

- Azim Premji University
- Goa Institute of Management (GIM), Goa
- Tata Institute of Social Sciences (TISS), Mumbai
- School For International Training (SIT), USA
- GB Pant National Institute Himalayan Environment (NIHE)
- Soban Singh Jeena University, Almora
- Maulana Azad Medical College, New Delhi

Institutional Donors 2024-25

- Micky and Vinita Pant Charitable Trust
- Tata Trusts
- Value Network Ventures (VNV) Advisory Services
- Swiss Himalayan Amity
- Azim Premji Foundation
- Bharat Investments Growth Limited
- Ecos (India) Mobility & Hospitality Limited
- Jaquar Foundation
- 360 One Foundation
- PS Intelegracia Analytics Pvt. Ltd.
- Abhay Dan Trust
- Wipro Foundation
- Aloha Technology Pvt. Ltd.
- PhD Family Welfare Foundation
- E-Vidyaloka Trust
- Jawahar Foundation
- Canara Bank
- Zomato Feeding India Society

RECOGNITIONS

- ▶ *Excellence in Rural Healthcare – 2025*, awarded at the **Uttarakhand Healthcare Innovation Summit**, organized by Veloxx Media and the Department of Medical Health & Family Welfare
- ▶ **National TB Elimination Programme:** Recognized by the District Health Society, Nainital for successful nutritional support for 10 patients
- ▶ Lead paper presented at the 4th **International Biotechnology Conclave** (Feb 2025): “Aarohi’s Efforts Towards Climate Resilience Measures for Sustainable Agriculture in the Himalayan Region.”
- ▶ **22 Van Panchayat Sarpanchs felicitated for outstanding plantation efforts at the Grameen Himalayan Haat 2024.**
- ▶ Two awards received at the **Himalayan Tourism Samman 2025** by the UNDP & PHD Chamber of Commerce & Industry:
 - **Best Destination Developer**
 - **Best Cultural Promoter**

GRATITUDE NOTE

As we reflect on another year of growth in the mountains, we extend our sincere thanks to all who make Aarohi's journey possible.

To our **national and international donors**, your trust and generosity strengthen our vision of self-reliant Himalayan communities.

To our **public representatives, district administration, and the Government of Uttarakhand**, thank you for your continued support and cooperation.

To our **academic, research, and collaborating partners**, your shared knowledge and commitment deepen our impact.

To the **doctors, surgeons, radiologists, teachers, and technical experts** who have supported us in times of need, we value your expertise and generosity.

To our **mentors and well-wishers** your wisdom, guidance, and encouragement continue to shape our journey with clarity and purpose.

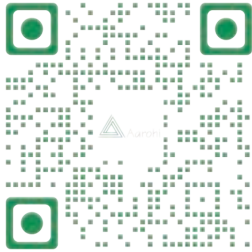
And to the **community members of Himalayas**, your resilience and participation remain our greatest inspiration.

Each of you **donors, partners, communities, and friends** – is an integral part of Aarohi's story. Together, we continue to build healthier, stronger, and more empowered mountain communities.

- Team Aarohi

CONTRIBUTE

- o **Work with us** – We welcome professionals across the fields of education, health, rural development, and natural resources management.
- o **Volunteer with us**
 - **Your professional skills can go a long way** in strengthening our structure and processes.
 - Beautiful Himalayan ranges, pristine forests and days that can be called adventures - working at Aarohi is a beautiful experience.
 - Connect with us at the Rural Hospital Network - Aarohi Arogya Kendra
- o Be a **life member** and become a part of the larger Aarohi family.
- o Donate towards our health, education, and other development initiatives!
 - Aarohi is a not-for-profit society, registered under the Societies Registration Act, 1860; Section 6(1) of the Foreign Contribution (Regulation) Act, 1976; Section 80G and 12 A of the Income Tax Act, 1961.
 - All contributions to Aarohi are exempt from Income Tax under Section 80G of the IT Act.
 - Portals
 - National Philanthropic Trust
 - Benevity - Aarohi
 - Omprakash - Aarohi



Scan to connect with Aarohi's digital world.

Compilation:

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