



Aarohi

**ANNUAL
REPORT
2023-24**



उद्धरेदात्मनात्मानं नात्मानमवसादयेत् ।
आत्मैव ह्यात्मनो बन्धुरात्मैव रिपुरात्मनः ॥
(भगवद्गीता: अध्याय 6, श्लोक 5)

मनुष्य को अपने आत्मा द्वारा अपनी उन्नति करनी चाहिए, न कि अपने को नीचे गिराना चाहिए ।
क्योंकि आत्मा ही मनुष्य का मित्र है और आत्मा ही मनुष्य का शत्रु ।

A person must elevate themselves by their own mind and not degrade themselves.
For the self is the friend of the self, and the self is also the enemy of the self.

CHAIRPERSON'S MESSAGE

As we reflect on the past year, I take immense pride in presenting Aarohi's Annual Report for 2023-24. This year, driven by the dedication of our team, volunteers, donors, and partners, we have made remarkable strides in empowering rural communities through education, healthcare, and sustainable livelihoods.

Our educational programs have increased student enrollment and expanded to new villages, while our healthcare initiatives reached thousands, with a new maternal health facility now serving populations across three districts.

Our sustainable development projects in Livelihoods are progressing towards a self-reliant cooperative, fostering resilience in the communities we serve.

I am honored to have our efforts recognized by the Government of Uttarakhand's Centre for Public Policy and Good Governance, UNDP under SDG-3, and the PHD Chamber of Commerce's Family Welfare Foundation with the *Astitva Samman*, affirming the impact of our mission.

Looking ahead, we, at Aarohi remain committed to deepening our reach, innovating our programs, and ensuring every individual in the Himalayas has access to the resources they need to lead empowered lives.

I extend my heartfelt thanks to our board, staff, volunteers, donors, and partners. Your belief in our mission continues to inspire us. Together, we are making a difference.

With Best Wishes,



Dr. (Col.) C.S. Pant, VSM



EXECUTIVE DIRECTOR'S MESSAGE

Dear Aarohi Community,

It is with pride and enthusiasm that I present Aarohi's Annual Report for 2023-24. This year has been one of remarkable growth and impact as we worked to enhance the quality of life for rural communities through education, healthcare, and sustainable development.

Our educational initiatives have expanded access to quality education, empowering students academically and personally. Notably, we upgraded our school, the Aarohi Bal Sansar to a secondary school.

On the healthcare front, our services reached thousands, significantly improving health outcomes in the region. A major milestone was the launch of the AMRIT Clinic in collaboration with Gram Panchayat Suni. This rural and maternity health center in Okhalkanda block serves 15,000 people across the border areas of Almora, Nainital, and Champawat. This initiative exemplifies community-driven development and underscores our commitment to sustainable forestry and environmental conservation.

Additionally, our youth-focused skill-building programs are cultivating a new generation of leaders to sustain and expand these efforts.

This progress has been made possible by the dedication of our team, the support of our volunteers, and the generosity of our donors and partners. We have also strengthened our organizational capacity through enhanced monitoring, strategic partnerships, and a culture of continuous learning, ensuring the sustainability of our work.

As we look to the future, we are committed to scaling our impact, innovating our approaches, and reaching more communities. Our vision remains steadfast: to create an equitable society with an improved quality of life.

Thank you for your unwavering support and for being an integral part of Aarohi's journey. Together, we are transforming lives.

With warm regards,



Pankaj Tewari, PhD





TABLE OF CONTENTS

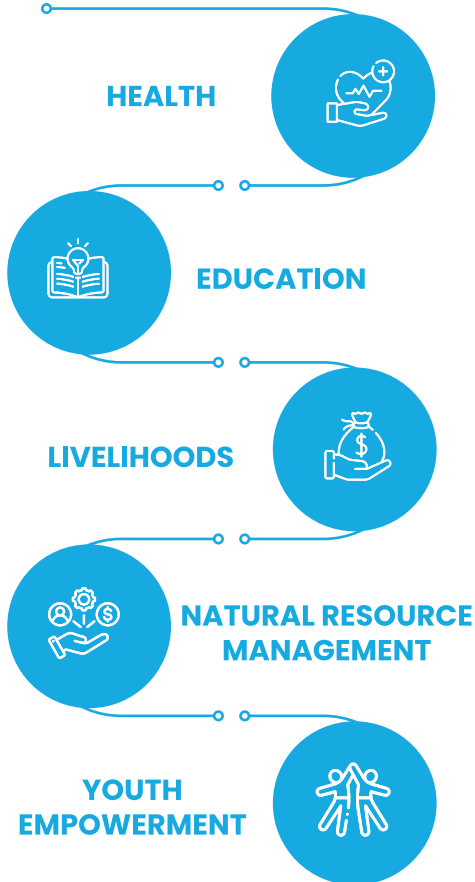
CHAIRPERSON'S MESSAGE	ii
EXECUTIVE DIRECTOR'S MESSAGE	iii
<hr/>	
ABOUT AAROHI	9
i Our Work (diagram of synergy and photo(s))	9
ii SDGs covered	10
iii Vision and Mission	12
iv Board structure (Require better photos from board)	13
v Activities at a Glance	14
<hr/>	
HEALTH	16
i Aarohi Arogya Kendra (AAK) Hospital	16
ii Mrs. Saral Tandon Rural Memorial Health Centre: AMRIT Clinic-Suni	20
iii Mobile Medical Unit	22
iv Community Health	25
<hr/>	
EDUCATION	30
i Aarohi Bal Sansar (A.B.S.) School	30
ii Education Outreach Program	38
<hr/>	
LIVELIHOODS	42
i Livelihoods Promotion Program	42
ii S.R.L.	48
<hr/>	
NATURAL RESOURCES MANAGEMENT (N.R.M.)	52
<hr/>	
OTHER VENTURES	54
i Shri Hari Krishna Trivedi (HKT) Memorial Project	54
ii Youth Wing & Empowerment	59
<hr/>	
FINANCIALS	60
<hr/>	
MEMBERS – FOUNDERS, ANNUAL, AND LIFE	64
<hr/>	
CONTRIBUTE	74



ABOUT AAROHI

Founded in 1992 by Ms. Oona Sharma, a rural development practitioner from the IRMA and the University of Sussex, and her husband, Dr. Sushil Sharma, a trained anaesthesiologist from the Armed Forces Medical College with experience serving the armed forces, Aarohi began its journey of ascension and growth in the picturesque village of Satoli in Ramgarh development block of Nainital in Uttarakhand.

OUR WORK





HEALTH

- 3 (Good Health and Well-being)
- 5 (Gender Equality)
- 6 (Clean Water & Sanitation)
- 10 (Reduced Inequalities)



LIVELIHOODS

- 1 (No Poverty)
- 2 (Zero Hunger)
- 8 (Decent Work and Economic Growth)
- 10 (Reduced Inequalities)
- 12 (Responsible Consumption and Production)



EDUCATION

- 4 (Quality Education)
- 5 (Gender Equality)
- 10 (Reduced Inequalities)



NATURAL RESOURCE MANAGEMENT

- 13 (Climate Action)
- 15 (Life on Land)





VISION

To create a more equitable society



MISSION

Creating development opportunities for rural Himalayan communities



ORGANIZATION STRUCTURE

Dr. (Col.) Chandra Shekhar Pant, VSM
Chairperson

Mr. Gopal Singh Negi,
Secretary

Mr. Milind Gandhi,
Treasurer

Dr. Jyotsna Pant,
Member

Ms. Premila Nazareth Satyanand
Member

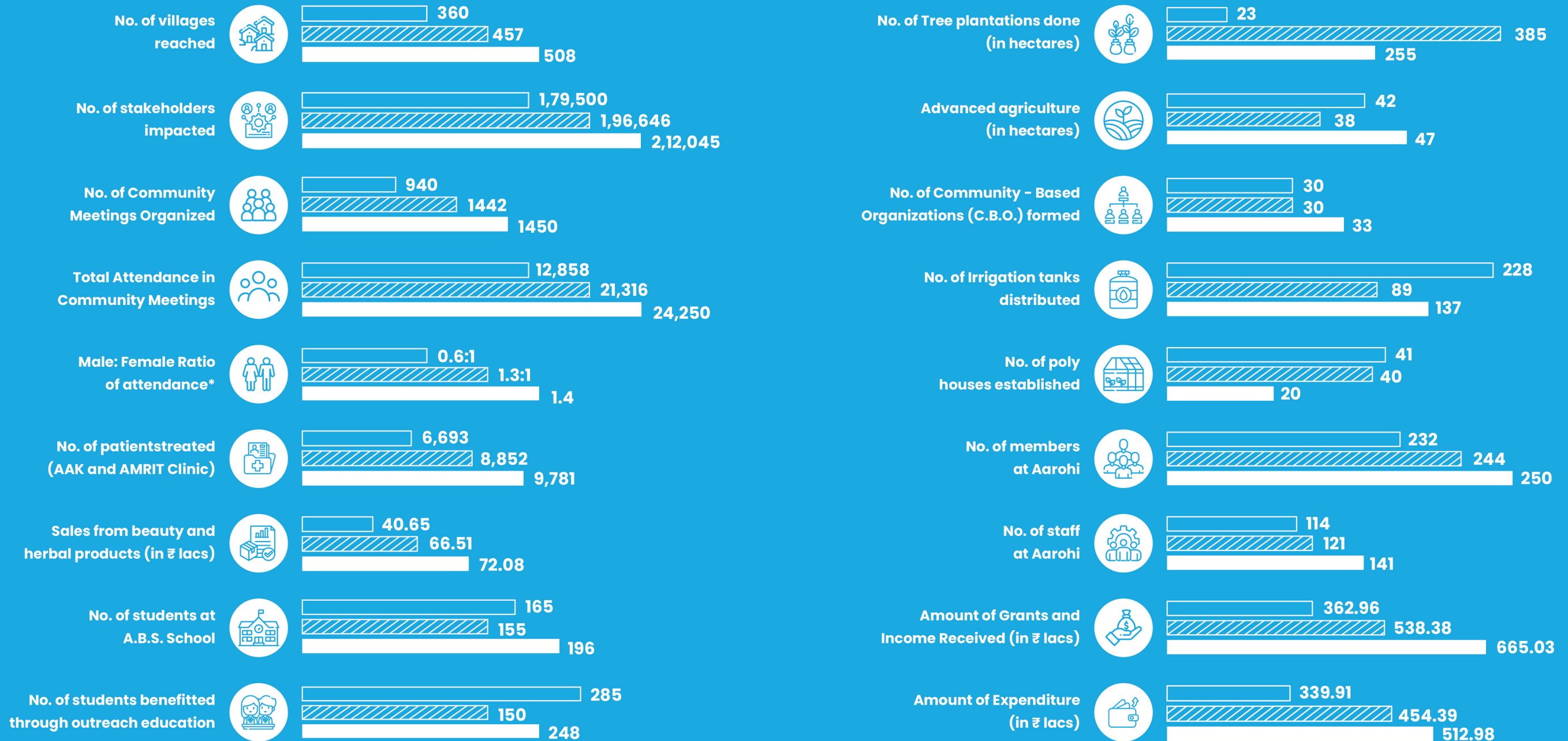
Mr. Ranjan Joshi,
Member

Dr. Navin Dang,
Member

Pankaj Tewari, PhD
Executive Director

ACTIVITIES AT A GLANCE

2021-22 2022-23 2023-24



HEALTH



PROGRAM OVERVIEW

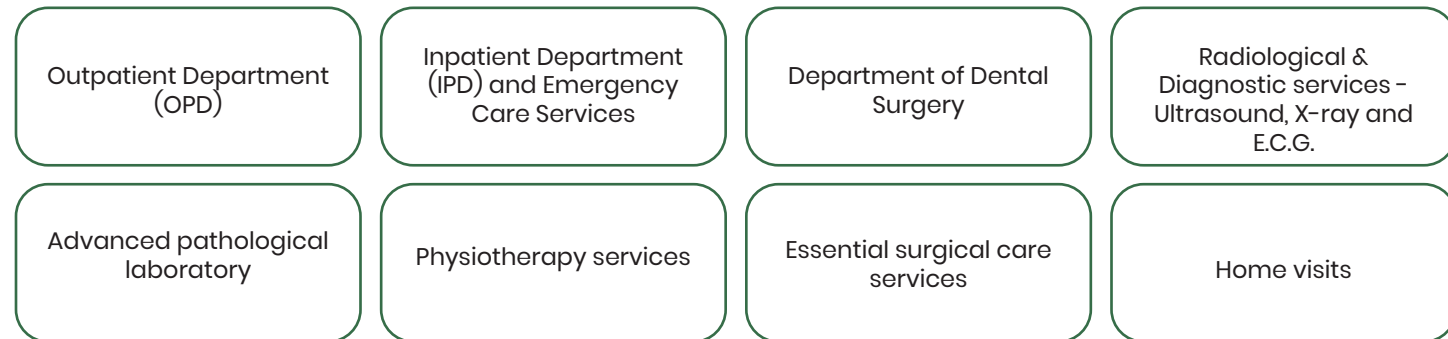
Uttarakhand, like other Himalayan states in India, rarely receives national attention outside of tourism and natural disasters. With harsh terrain and geographical challenges, providing quality and accessible healthcare has been a problem.

India's vastness in terms of geography and population densities fused with a public health system despite the government's best efforts shows that has inefficiencies and/or ineffectiveness often disproportionately affecting women and children. To address the difficulties in providing comprehensive affordable and quality care, Aarohi established Aarohi Arogya Kendra (AAK) in 1992 to meet the urgent needs of the people of Satoli and its 30 neighbouring villages of Nainital District, Uttarakhand. Our clinical health intervention began as a cottage hospital and has developed to meet the growing needs of our community. With a focus on preventive, promotive, and curative health, we have grown into two major areas: clinical and community health.

In its 32nd year since inception, Aarohi's Health Programme remains steadfast in its mission to provide quality primary and secondary healthcare that is equitable, accessible, and affordable, with a special emphasis on Reproductive, Maternal, Newborn, Child, and Adolescent Health (RMNCHA+).

AAROHI AROGYA KENDRA (AAK) HOSPITAL

AAK offers a wide range of services, including:



These services cater to the rural mountain communities, ensuring continuous quality primary and secondary healthcare along with emergency services. In October 2022, we began offering round-the-clock (24x7) services every day, thanks to the support of our on-campus Medical Officer, Dr. Vipin Kumar, and our dedicated paramedical staff. This expansion addresses the increasing demand for emergency care.

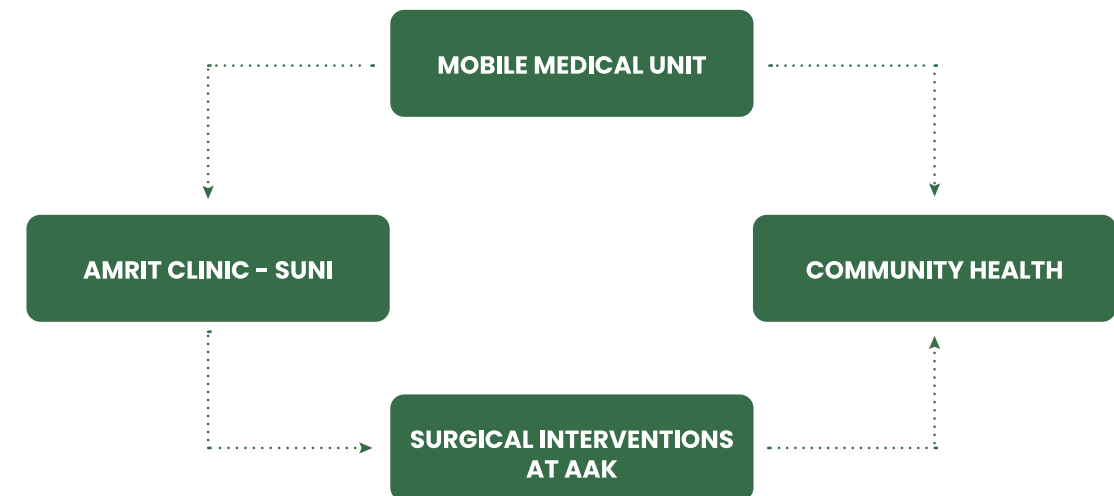
SPECIALISTS AND SURGICAL CAMPS

With a rising burden of healthcare, it is crucial to address the diverse and complex health needs of rural communities. The specialists bring essential expertise to help with early identification and make the communities aware of the risks associated that is often unavailable in remote areas, enhancing comprehensive care that spans from diagnosing and treating heart conditions, managing mental health issues, addressing eye problems, and providing orthopaedic, maternal, and child health services.

Also, over the last decade, public health morbidity from surgical disorders has emerged as a global health issue. Over 5 billion people worldwide do not have timely access to safe and inexpensive surgical care, with India accounting for more than one-fifth. Major obstacles include a shortage of surgeons, anaesthetists, and obstetricians, as well as limited access to healthcare services.

Given the challenging terrain and limited access to urban healthcare facilities, having these specialists locally ensures timely, accurate, and effective medical and surgical interventions, significantly improving health outcomes and reducing the need for costly and arduous travel for specialized care. Aarohi's commitment to holistic and accessible healthcare makes the inclusion of these specialists vital to its mission of improving the quality of life for underserved populations in the mountain districts.

Patients present themselves at Aarohi's health services viz. A.A.K., the M.M.U., AMRIT Clinic – Suni or get identified in the community with complaints, which are subsequently evaluated, and surgery is offered if clinically indicated. To make the best use of donor resources, our clinical team ensures that surgery is performed where necessary, but we also aim to employ public health approaches to surgical problems to prevent/avoid surgical morbidity in the population it serves.



Previously considered a 'personal patient' intervention, proof of the public health benefits of various surgical procedures is growing around the world.

In May, August, October, and December of 2023, the A.A.K. conducted specialist surgical camps focusing on general, urological, gynaecological, and plastic Surgery. The general surgery camps addressed the prevalent issues of gallbladder, ureteric, and renal stones among the local population, while the plastic surgery camp concentrated on reconstructive surgeries. These camps utilized advanced technological equipment, providing high-quality care at costs lower than most government schemes.

The focus of these camps is threefold:

- **Accessibility:**
Reducing travel time for accessing quality care.
- **Affordability:**
Decreasing out-of-pocket expenses (OOPE).
- **Availability:**
Ensuring the provision of quality care.



MRS. SARAL TANDON RURAL MEMORIAL HEALTH CENTRE: AMRIT CLINIC-SUNI

The AMRIT Clinic is the flagship initiative of Basic Healthcare Services (BHS), a Rajasthan-based NGO. The success of the AMRIT Clinics in delivering high-quality, patient-centric healthcare at low cost, while maintaining scalability and sustainability in hard-to-reach areas, has inspired collaboration with Aarohi to expand this model to the rural mountain population in Uttarakhand.

The primary goal of the clinic is to provide accessible primary healthcare facilities 24/7. This initiative aims to reduce the stress, time, and expenses for the local population, who previously had to travel long distances to access healthcare services.

A multistakeholder partnership including the BHS, Radha Mohan Mehrotra Medical Relief Trust, the Gram Panchayat of Suni, and our patron, the family of the late Mrs Saral Tandon led to the culmination of this clinic.

On July 15, 2023, the Mrs. Saral Tandon Memorial Rural Health Center (AMRIT Clinic - Suni) was inaugurated in Suni village, Nainital, Uttarakhand. This milestone was made possible with financial support from the Radha Mohan Mehrotra Medical Relief Trust - Mumbai, technical assistance from Basic Healthcare Services, and the utilization of the decrepit Gram Panchayat building of Suni.

The clinic serves the rural population of the Okhalkanda developmental block in the Nainital, benefiting an estimated 20,000 people. The primary beneficiaries are women, children, and the geriatric population in these villages.



Before



After

The AMRIT Clinic offers a wide range of services to ensure comprehensive healthcare for the community, including:

- **Outpatient Department (OPD), Inpatient Department (IPD), and Emergency Services:** Providing essential medical care and emergency response.
- **Pharmacy:** Supplying necessary medications.
- **Basic Pathology Lab:** Conducting fundamental diagnostic tests.
- **Outreach Health Camps:** Bringing healthcare services to remote locations.
- **School Health Program:** Promoting health education and preventive care in schools.
- **Respectful Maternal Care:** Ensuring dignified and safe maternal health services.
- **Normal Birth Delivery:** Facilitating safe childbirth.
- **Home Visits:** Offering healthcare services at patients' homes.
- **Ambulance Services:** Providing transport for medical emergencies.
- **Appropriate Referrals:** Ensuring patients receive specialized care when needed.
- **Ultrasound Services:** Available once a month to support prenatal care and other diagnostic needs.

The establishment of the AMRIT Clinic in Suni village marks a significant step in improving healthcare access for the rural mountain population of Uttarakhand. By addressing the healthcare needs of this underserved community, the clinic is expected to significantly enhance the quality of life and health outcomes, particularly focusing on the needs of women, children, and the elderly.



Before



After

MOBILE MEDICAL UNIT

The MMU was pioneered by our Chairperson, Dr. (Col.) Chandra Shekhar Pant, V.S.M., in 2002, stands as India's sole mobile unit equipped with ultrasound technology, earning recognition from the late Dr. A.P.J. Abdul Kalam in his presidential address to reach medicare to the unreached.

Before the MMU's inception, rural residents endured arduous journeys for primary healthcare, particularly impacting women's access to ante-natal care. However, our concerted efforts, including enlisting volunteer radiologists for MMU camps, have facilitated regular check-ups, primarily through ultrasound services, ensuring economic viability.

Now nearing its 1st decade of completion, The Mobile Medical Unit (MMU) service started under Aarohi's health program in April 2014 in the Ramgarh, Dhari, and Okhalkanda development blocks of Nainital. In 2022, we started providing this service to the population of the Bhaisyachana and Dhaulchina blocks of Almora.

Moreover, our MMU's continuous presence has significantly improved maternal and child health, especially in remote areas, by monitoring neonatal growth, identifying pregnancy-related complications, and ensuring timely referrals. Geriatric patients visit the monthly MMU camps to access their routine check-ups and medicines.



LINKAGES WITH AAROHI'S SURGICAL INTERVENTIONS

Aligned with our surgical interventions, the radiologists, physicians, and gynaecologists at the MMU offer crucial antenatal care and identify patients requiring essential surgeries, facilitating their transport to AAK for treatment during surgical camps.

The MMU acts as a vital arm between our community health and clinical health to reach the hinterlands to improve the status of maternal and child health along with providing a mobile comprehensive care model for the hard-to-reach population.

The MMU has completed over 900 camps since 2014.

The MMU camps are conducted from the 1st to the 8th day of each month and benefit approximately 60,000 people in 127 villages over 500 KM.

Focus areas of MMU camps include but are not limited to, the following –

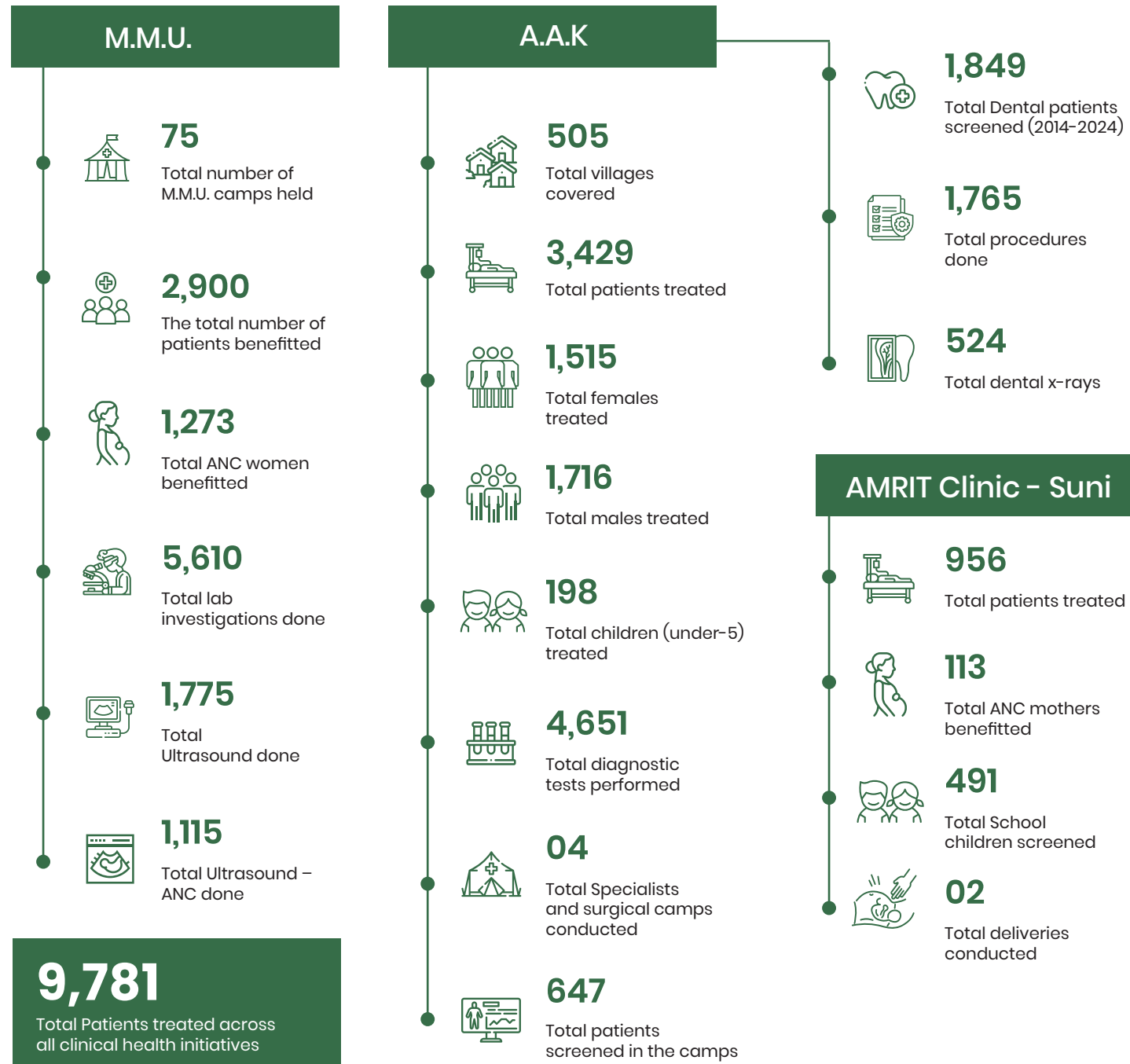
- **Antenatal Care** – Routine ANC check-ups of pregnant women; identifying High-Risk Pregnancies (HRP), providing counselling services, and guiding them for institutional deliveries.
- **Postnatal Care** – PPH (Post Partum Haemorrhage) during home deliveries, pregnancy-related complications

- **Neonatal and Child Care** – Monitoring the growth of neonatal and child
- **Identification of patients for Surgical Camps** – The presence of an Ultrasound facility helps with the identification of cases with gallbladder and renal stones that can be assessed for surgical intervention.
- **Referral Support to Tertiary Centre** – Early identification of pregnancy-related complications to referring critical cases at the right time for better care
- **Geriatric Care** – Geriatric patients continued to visit the monthly MMU camps to access their routine check-ups and medicines.
- **Diabetic and Hypertensive Care** – The MMU's presence has led to uninterrupted access to essential medicines for hypertension and diabetes patients.

The availability of gynaecologists has increased access to reproductive healthcare and family planning services in MMU camps. Midwives in the MMU unit have created a positive environment to provide counselling services upon the guidance of our camp doctors.

IN 2023-24, 9,781 PEOPLE BENEFITED FROM OUR VARIOUS CLINICAL HEALTH INTERVENTIONS – AAK, MMU, AMRIT CLINIC AND SURGICAL CAMPS.

SUMMARY OF OUR CLINICAL HEALTH ACTIVITIES

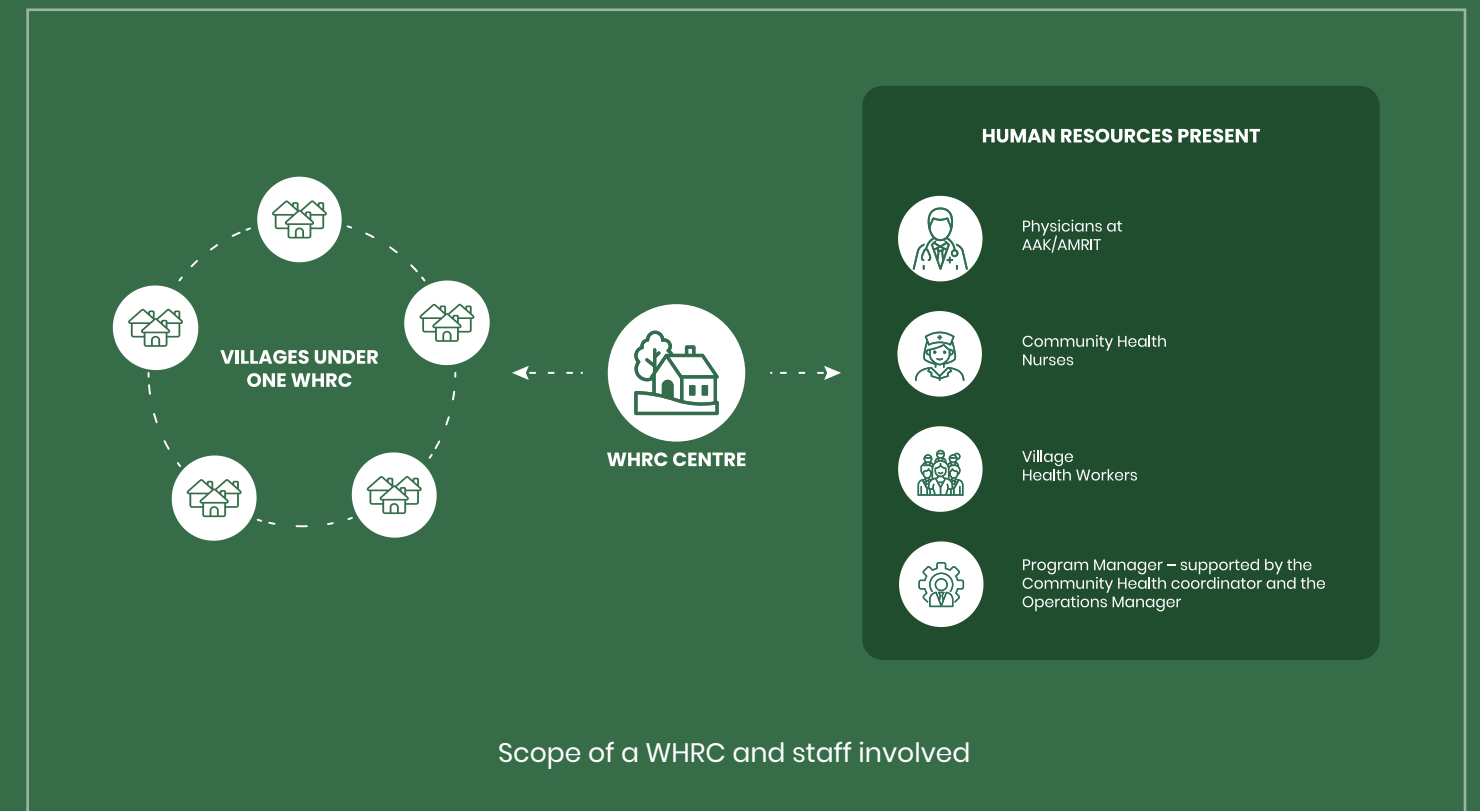


COMMUNITY HEALTH

Since its inception in 1993, enhancing the health and well-being of the population is the prime goal of our community health programme.

In 2019, Aarohi started its first Women's Health Resource Centre (WHRC) as a pilot to make basic health services accessible and disseminate health information to the rural women from the remote villages of Okhalkanda block in Nainital district of Uttarakhand for timely and appropriate health interventions.

The pilot led to enhanced participation from Gram Panchayats, improved health surveillance in communities, increased institutional deliveries, and active participation of adolescent groups from the communities.



Women Health Resource Centre's focus areas include but are not limited to –

- **RMNCHA+ – Reproductive, Maternal, Neonatal, Child and Adolescent Health**
- **Public Health Measures** – Capacity building of frontline health workers – ASHAs & ANMs, enumeration of the population, health surveillance, conducting periodic health surveys via home visits, supporting the Village Health and Sanitation Committees (VHSNC), coordinating with Primary Healthcare Centres (PHCs) and Anganwadi centers
- **IEC** – collecting and development of Information Education and Communication (IEC) materials
- **Action Group meetings** – ensuring participation of action groups like village-level mother's groups and adolescent groups
- **Home visits** – conducting home visits to address the needs of individual cases at the household level
- **Swasthya Melas (Health fairs)** – Creating awareness of public health issues via Swasthya melas in the communities
- **Supporting Aarohi's clinical interventions** – connecting the beneficiary population to the Mobile Medical Unit and surgical services
- **Referrals to tertiary care centres** – for tertiary-level care at government healthcare facilities

The WHRC attempts to increase the accessibility to basic healthcare services and health information. The sincere effort from the health frontline workers and MMU services has helped us to reach the goal of no maternal deaths for the third consecutive year.



CHILD HEALTH

The WHRC works in tandem with Anganwadi centers at the village level to deliver child health services. It ensures Home Based New-born Care (HBNC) visits according to the ASHA module guidelines, promotion of exclusive breastfeeding and continuous breastfeeding practices, provides counseling on timely initiation of complementary feeding, monitoring of growth and development of children under 5, provides basic care for the sick child as defined by Integrated Management of New-born and Childhood Illness (IMNCI) protocols which largely relates to treatment for diarrhea, respiratory infection and fevers, identification and referral of high-risk cases and complications.

ADOLESCENT HEALTH

Adolescent persons aged 10-19 years make significant choices about their health and develop attitudes and health practices that affect their current safety and well-being as well as influence their risk for future serious chronic disease. We have adopted the Rashtriya Kishor Swasthya Karyakram (RKSK) strategic framework and modules to align our work with National health programs.

Themes such as –

- Importance of nutrition
- Sexual and Reproductive health
- Mental Health
- Injuries and violence
- Substance abuse
- Non-Communicable Diseases

COMMUNITY MOBILIZATION

In community meetings, discussions, and debates are held on the following themes –

- WASH and Menstrual Hygiene
- Maternal Health – complications during pregnancy, awareness of danger signs for high-risk pregnancies, the importance of antenatal check-ups,
- Child Health – immunization, growth monitoring, complementary feeding, diarrhea
- Importance of institutional delivery
- Family Planning
- HIGHLIGHTS FOR THE YEAR 2023-24:
 - Our initiative to provide affordable and quality primary care services took another step forward by collaborating with Gram Panchayat-Suni and Basic Healthcare Services of Udaipur. Together, we launched the delivery centre on 15th July 2023 to promote institutional deliveries in the Okhalkanda block that will benefit approximately a population of 20,000.
 - We continue to partner with the Travel Fellowship in Primary Healthcare by the Tribal Health Initiative and hosted 2 fellows an initiative offered by an informal collective of organizations across the country committed to rural healthcare.
 - Annual health screening of Aarohi Bal Sansar School (ABS) children was done in June and December 2023. The next screening shall be held in June 2024.
 - Aarohi's health interventions transitioned from the support of the Bajaj Auto Ltd.'s CSR. The 3-year project ended in April 2023 and post completion of the project, an independent third party-led endline evaluation study was conducted to assess the performance and chart out the way forward.

GRATITUDE

Across our healthcare interventions, we express our immense gratitude to our clinicians and specialists for their services at various clinical interventions during the last year –

Consultants –

- Dr. Puneet Singh
- Dr. Prashant Misra
- Dr. Gita Pujari
- Dr. Gargi Goel
- Dr. Randall
- Dr. Pravin Singarayar and all our fellows from Travel Fellowship in Primary Care;

General Surgeons –

- Dr. Gnanaraj Jesudian of Rural Surgery Innovations
- Dr. Robert Graf from the Swiss Himalayan Amity
- Dr. Anurag Mishra and his team from Maulana Azad Medical College, Delhi

Anaesthetists –

- Dr. Sushil Sharma,
- Dr. Purnima Dhar
- Dr. Smita Usgaoscar

Plastic Surgeon –

- Dr. Rajiv Usgaocar;

Pulmonologist –

- Dr. Awadesh Bansal

Radiologists –

- Dr (Col) C.S. Pant
- Dr. Vivek Sharma
- Dr. Rajiv Kapur
- Dr. Arti Chaturvedi
- Dr Punam Bajaj

Dentist –

- Dr Mukul Bisht

and our Gynaecologists –

- Dr Indu Punetha
- Dr Ritu Jain

EDUCATION

Working towards rural development, Aarohi views education as a social equalizer, bringing dignity to human life.



AAROHI BAL SANSAR (A.B.S.) SCHOOL

ABOUT ABS

In 1994, Aarohi Bal Sansar (A.B.S.) began as a pre-primary school with 4 students. Over time, our primary school witnessed steady growth. This year, with its foray into secondary school with classes 9th and 10th, A.B.S continues to cater to the needs of the community by providing quality education. Today, it nurtures over 190 students from 23 nearby villages within a 15-kilometer radius.

The school's environment-friendly buildings, spacious playground, 1:12 teacher-student ratio, balanced extracurricular and academic offerings, innovative teaching methods, and contributions from professionals and volunteers all work together to create an environment where kids can magically explore and discover the world and learn to appreciate life in all its colours. **The school is adamant that a child's early years of happiness and fulfillment guarantee the development of a healthy, perceptive, and responsible adult.**

A.B.S pursues a development trajectory intended to introduce significant and in line with its vision statement, Holistic development of personality in a joyful environment A.B.S has developed a growth trajectory aimed at providing children from isolated rural villages in and around Satoli with a meaningful and high-quality affordable education and growth.

Our mission, derived from the vision, declares that Aarohi Bal Sansar will nurture its students for holistic personality development in a loving environment using appropriate curriculum, creative teaching methodologies, and sufficient resources.

A.B.S seeks to impart meaningful education to children building their confidence and self-esteem & helping them choose appropriate vocations in life and become responsible citizens of their society. Ensuring every child is nurtured in an environment, which is safe, free, inclusive, empathetic, and dynamic.

The school's infrastructure and amenities have grown tremendously since its humble beginnings in a room at the local Dak Bungalow. As a result, the enrolment this year. A third building for classes 9 and 10 was inaugurated this year along with the other two buildings

housing 9 classrooms, a computer room, a science room, a skill development/art and craft room, a cultural activity room, a library, a kitchen, and a staff room. The buildings' architectural style complements the surrounding environment and incorporates passive solar gain principles for warmth and natural light.

In addition, the A.B.S. aims to build a state-of-the-art centre for vocational & technical education training centre to prepare our youth for technical education after finishing secondary education.

Teachers at the school continue to gain training and exposure to help them better comprehend and apply innovative curricula and methodology. The school maintains its educational standards by following the NCERT (National Council for Educational Research and Training) curriculum and supplements it with additional instructional materials to make learning more comprehensive, interactive, and activity based. Interactive parent-teacher conferences in each classroom have been used to improve the engagement of parents in their children's education.

The vision of Aarohi Bal Sansar also fuels the encouragement of extracurricular activities and talent. Students are encouraged to learn about their culture and history through folk dancing and singing, playing traditional instruments, and healthy cuisine. This year, there were special workshops on, wildlife, nature, and psychology through films, folk stories through theatre, integrated approaches to mathematical learning, and teaching through art.

Our Children continue to excel in a variety of ways, including discovering latent skills in sports and the arts and earning prizes in interschool competitions.

GOVT. OF UTTARAKHAND'S CHIEF MINISTER'S UDAYMAN KHILADI CHATTRAVRITTI YOJANA



Preparations led by our Sports Teacher, Mr Deepak Pandey

On August 16 and 17, 2023, the 2-day district-level Govt. of Uttarakhand's Chief Minister's Udayman Khiladi Chattravritti Yojana (Budding Players Upgradation Sports Scholarship Scheme) at the Indira Gandhi International Stadium, Haldwani. Five boys and six girls from Aarohi Bal Sansar participated, showcasing exceptional skill and sportsmanship. The Udayman Khiladi Chattravritti Yojana provides financial assistance to young athletes in Uttarakhand, aiming to nurture their talent and enhance the state's sports performance at national and international levels. This initiative supports training and development through scholarships and other resources.

All participants qualified for the championship and were awarded a sports scholarship of ₹ 1,500 (USD 18) per month, which is credited to their bank accounts monthly. Their outstanding performance brought great pride to our institution.

THEATRE WORKSHOP BY GILLO GILEHARI

This year, A.B.S. hosted an engaging theatre workshop conducted by the renowned repertory theatre group Gillo Gilehari. The primary objective of the workshop was to foster an innovative learning environment for our students. The workshop began with a captivating performance during the morning assembly, where the group presented 'Khichdi', an old folk tale from Uttarakhand, uniquely and imaginatively. The students were thoroughly engrossed and enjoyed the performance immensely.

Following the assembly, the group performed the intriguing play 'Ponachi' for students of classes 5 to 8, and the story/drama 'Nabia' for students of classes 1 to 4. These performances were not only entertaining but also served as creative and effective educational tools. The students participated enthusiastically in the workshop, finding joy and excitement in the innovative presentations. This experience significantly contributed to their appreciation of theatre and storytelling, enhancing their overall learning experience. We extend our heartfelt thanks to the Gillo Gilehari team for their exceptional performances and for providing our students with such a memorable and enriching opportunity.

A DAY WITH MRINAL PANDEY, A VETERAN PRESS PERSONALITY

We had the esteemed honour of welcoming Mrinal Pandey, an accomplished author, Padma Shri awardee, and India's first woman editor of a national newspaper, along with her husband, Shri Arvind Pandey, retired IAS officer, to our institution. Mrs. Pandey, a beloved daughter of Kumaon, brought her vast experience in print and television journalism and literature to engage with the students of ABS.



Ms Mrinal Pandey addressing an enthusiastic crowd at ABS

Mrs. Pandey instantly connected with the students by initiating conversations in the local Kumaoni dialect, exemplifying a vital communication strategy often overlooked by many speakers. She shared anecdotes from her childhood. Her storytelling, filled with simplicity and childlike enthusiasm, made a significant impact on the students, making the interaction both enjoyable and relatable. She emphasized the importance of learning multiple languages, taking pride in speaking Kumaoni, and working diligently towards achieving one's dreams. Initially shy, the students gradually opened up to her, engaging in vibrant conversations and asking numerous questions. They were curious about her school friends, teachers, and fond memories of her school days. The ABS family is deeply grateful to Mrs. and Mr. Pandey for their presence and the enriching experience they provided.

PUBLICATIONS IN CHAKMAK MAGAZINE, BHOPAL

This year, A.B.S. celebrated a significant achievement as the writings of our students, Kaushal Joshi (Class 4), Himanshi Arya (Class 7), and Gaurav Arya (Class 7), were published in the renowned children's magazine, Chakmak. Published by the Eklavya Foundation in Bhopal, Chakmak is a prestigious platform that nurtures children's creativity by featuring literature, art, and various creative expressions. The magazine covers a wide range of content, including articles on art, science, history, and cinema, and dedicates four pages under the banner 'Mera Panna' to sports, fictional and non-fictional stories, games, activities, puzzles, and poems contributed by young readers.

Kaushal, Himanshi, and Gaurav's pieces, "Grandma's Glasses," "Samosa," and "Khichdi" from 'The Little Storyteller,' are a testament to their curiosity and passion for knowledge. Their regular visits to the library, where they avidly read Chakmak magazine and other books, inspired them to create their own stories. This dedication to reading and writing is evident in their published works.

The publication of their stories brought immense joy and pride not only to the students but also to the entire A.B.S. community. The students expressed their gratitude to their library teacher and their grandfather for their continuous support and guidance. Their achievements highlight their commitment to learning and their eagerness to explore new horizons.

SCHOLARSHIPS

Aarohi Bal Sansar (A.B.S.) Scholarship Program –

The Aarohi Bal Sansar (A.B.S.) scholarship is for children

studying in A.B.S., especially as an incentive for families who are interested in educating their children. But are constrained by financial circumstances. This scholarship covers tuition fees, the cost of one set of uniforms and accessories, books, and stationery. The selection of students is based on the following criteria –

- Orphan students
- Students with a single-parent
- Physical disability of the parent
- Parents having three children and all three studying in A.B.S.
- Students scoring the highest marks apart from the above

RECOGNITION – INSPIRE MANAK

Komal Negi, a student of Class VIII, was selected for the Inspire Awards – MANAK a flagship scheme of the DST – Govt. of India. as great leadership qualities and actively participate in extra-curricular activities. She performs in activities with great zeal and enthusiasm. She is an obedient student and performs well in her studies. This year she stood second in the class with 86% marks. She was the school captain in the session 2022-23. She is also a very good sportsperson. She is also very interested in dance and music. Science and English are Komal's favorite subjects.

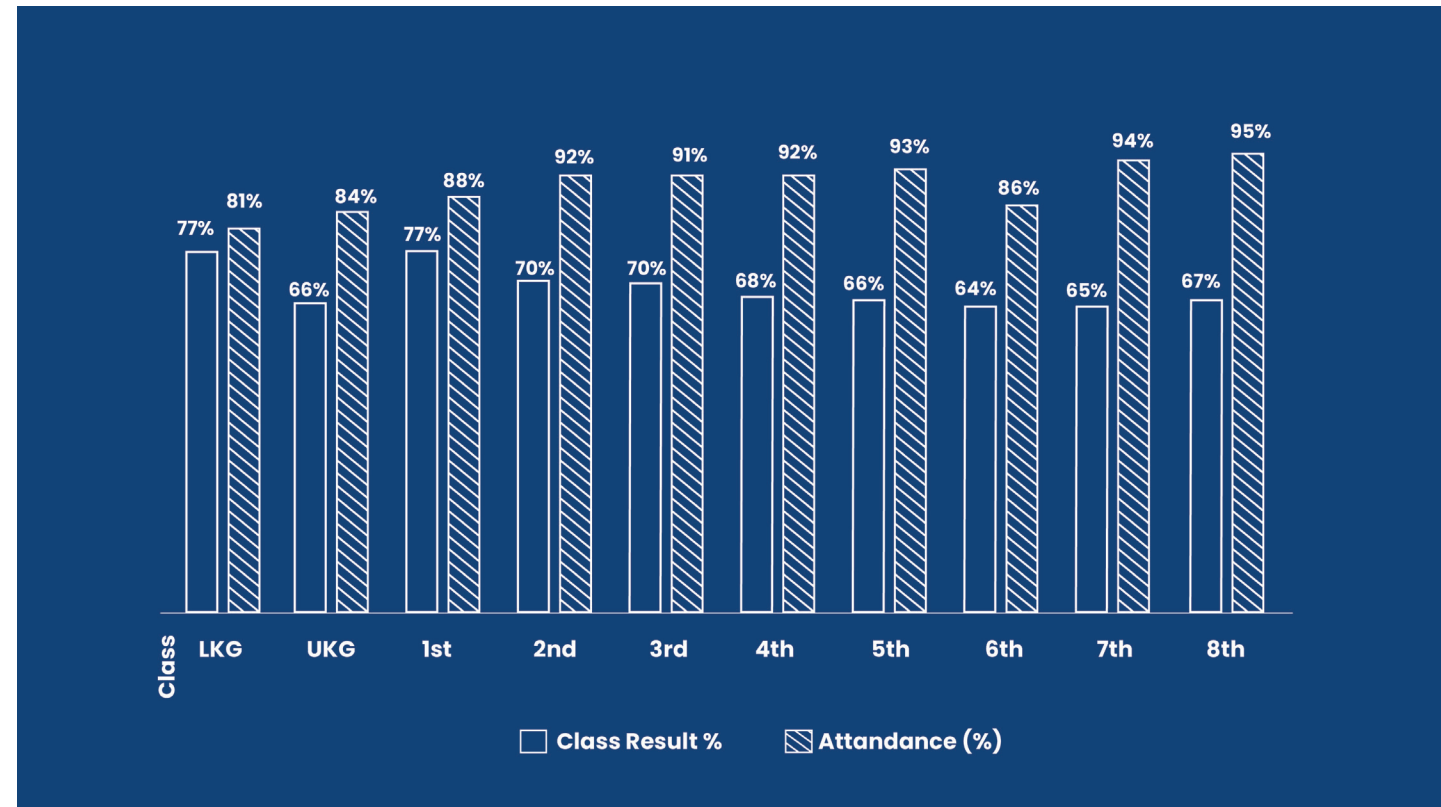
SCHOOL SOFTWARE

Last year the school purchased a school management software to digitize the school. Digital profiles of teachers and students were prepared in this software. Half-yearly and annual report cards were made digitally and given to the parents. Teacher and student attendance for each

day was recorded in the software through the software's mobile application. The fees of all the students were digitized, which will be implemented in the next session and all other administrative functions have begun their transition from paper-based to digital systems to improve digital literacy not just among teachers, but students. We will continue to develop this software with many new features in the future.

The academic progress of students in the academic session 2023-24 –

- A total of 155 students were studying in this session. All the students from LKG to class 8 were assessed on a total of 200 marks in the respective subjects. The total marks were 200 including oral tests, monthly tests, etc. in the respective subjects of the respective classes. The highest attendance of students in the session was 95% in class 8 and the lowest was 81% in class LKG.
- Class LKG and class 1 had the highest result of 77% and the lowest was 64% in class 6.
- Other courses have the highest number of grades



LIST OF ACTIVITIES

Sr. No.	Event Name	Event Speaker	Location	Key Highlights
1	Crafts and Arts Workshop	Mr. Vishwajit and Mr. Buddhadev Mukherjee	Aarohi Bal Sansar (A.B.S.)	Students learned to make colourful masks, fostering creativity and talent in arts and crafts.
2	Workshop on Bloom's Taxonomy	Mrs. Monica Shah Drago	Aarohi Bal Sansar (A.B.S.)	Training session for teaching staff on cognitive levels of learning and effective lesson planning using Bloom's Taxonomy.
4	Workshop by National Geographic Channel	Mrs. Meeta Srivastava	Aarohi Bal Sansar (A.B.S.)	Educational sessions on wildlife, nature, and psychology through films and brain games, enhance students' knowledge.
5	Life Skills Collaborative Visualization Workshop	Jeevan Kaushal Sahayak team	Dehradun	Workshops and tools developed for life skills education across various NGOs, focusing on assessment and learning progress.
6	Integrated Library Training Program	Ms. Deepa Rawat	Eklavya, Bhopal	Enhanced library services and literacy skills through storytelling and discussions on children's literature and emotional development.
7	Entrepreneurship and Career Awareness Workshop	Bombil, Ruchi, Shambhavi	Aarohi H.O, Satoli,	Training on entrepreneurship and sustainable self-employment strategies, followed by online mentorship for participants.
8	Gender Sensitization and Legal Awareness Workshop	Mrs. Monica Shah Drago	K.V.I.V.R.I. Mukteshwar, Nainital	Comprehensive session on gender equality, stereotypes, and legal rights to promote awareness among students.
9	National Mathematics Day Celebration	Dr. Pankaj Tewari	Aarohi Bal Sansar (A.B.S.)	Intra-school mathematics quiz competition and practical activities to celebrate Srinivasa Ramanujan's contributions to mathematics.
10	Mini Sports Day and Christmas Celebration	Various Guests	Aarohi Bal Sansar (A.B.S.)	Aerobics, races, and Christmas celebrations promote physical activity and festive cheer among students.
11	Inter-School Dance Competition	Judges	Aarohi Bal Sansar (A.B.S.)	Dance competition showcasing traditional folk dances, promoting cultural exchange and creativity among students.
12	Block Level Sports Rally	Various Participants	Ramgarh, Nainital	Students' participation and achievements in various sports categories at the block-level sports rally.
13	District-level Sports Rally	Various Participants	Bhimtal	Participation and achievements in Kabaddi and Kho-Kho at the district-level sports rally.

14	State-level Sports Competition	Various Participants	Dehradun	Students' performance in Kho-Kho and athletics at the state-level sports competition, meeting national athletes.
15	Sports Mahakumbh 2023	Various Participants	Aarohi Bal Sansar (A.B.S.) playground	Overall victory in various sports competitions, promoting sportsmanship and physical fitness among students.
16	Chief Minister Emerging Sportsman Upgradation	Various Participants	Indira Gandhi International Stadium, Haldwani	Achievement and scholarship awards in various sports disciplines at the district level.
17	Environmental Awareness Campaign	Forest Department	Aarohi Bal Sansar (A.B.S.)	Educational session on environmental conservation and plastic pollution, encouraging students to protect the environment.
18	International Millets Year Session	Executive Director, Aarohi	Aarohi Bal Sansar (A.B.S.)	Session promoting awareness about the nutritional value of millet and healthy eating alternatives among students.
19	Chakmak Patrika	Students	Bhopal	Publication of students' stories in Chakmak magazine, showcasing creativity and literary skills.
20	Art of Facilitation Workshop	Mrs. Nidhi Vyas, Mr. Jayesh, Mr. Dipankar	Aarohi Bal Sansar, V.N.P.	Workshop on the introduction of facilitation tools for teachers.
21	Workshop on 'Education and Child Protection in Disasters'		ATI, Nainital	Policy workshop addressing child safety and education continuity during emergencies, promoting disaster preparedness among educators.
22	Annual Sports Day Celebration	Various Dignitaries	Aarohi Bal Sansar (A.B.S.)	Enthusiastic sporting events, march pass, tug of war, and awards; Akash House declared overall best house.
23	National Science Day Celebration	Shri Taradutt Kabadwal	Aarohi Bal Sansar (A.B.S.)	Showcased innovative science projects, and inter-house quiz competition; Dinkar House won first position.
24	Madhuban, Ramgarh, Nainital	Facilitator Aamir	Sri Aurobindo Ashram, Talla Ramgarh	Focus on creative teaching methods for young learners; including storytelling, art, music, interactive games, and mindfulness.
25	Health Awareness Campaign	Dr. Vijay Gangwar	Aarohi Bal Sansar (A.B.S.)	Educated students on health, exercise, and Ayurveda; practical activity with medicinal plants.

EDUCATION OUTREACH PROGRAM

The Education Outreach Program was established to address the challenge of poor learning levels in rural and remote mountain areas, which often result in unskilled, unemployable, and unfocused youth. These regions typically have single-teacher schools in difficult terrains, limiting the quality of education and creative teaching-learning opportunities.

To further support and strengthen the government preschool and primary education system in these remote areas, Aarohi launched the outreach program in 2016.

In response to these challenges and aligning with the Government of India's adoption of the fourth Sustainable Development Goal (SDG 4), a significant update in education policy was introduced. After 34 years, the National Education Policy (NEP) 2020 and the National Curriculum Framework (NCF) 2022 have provided a robust framework aimed at fostering long-term growth through education.

With these national guidelines, our program focuses on strengthening the public education system in Kumaon's rural and remote areas. Under the leadership of Ms. Nidhi Vyas and Mr. Jayesh Mohta, the program identifies and trains young Shiksha Sahayaks (teaching aspirants) from mountain communities. These aspiring educators gain insights into contemporary teaching-learning methodologies, educational practices, and philosophies.

Art forms the core of our implementation strategy for primary-grade learners. Shiksha Sahayaks are trained in art-led learning tools such as theater, body movement, contextualized content, gamification of concepts, and



23

Govt. Schools



3 blocks of Nainital &
2 of Udham Singh Nagar district



20

Shiksha Sahayaks and
2 district supervisors



1418
learners

visual arts. Additional training domains include reading skills, hands-on science, stakeholder engagement, storytelling techniques, production-oriented school events, facilitation skills, differential learning, peer learning, children's literature, theater performances for young audiences, and classroom management.

Our trainers provide in-classroom support through demonstration and classroom observation, ensuring continuous improvement in teaching practices. This comprehensive approach not only enhances the learning

experience for students but also empowers local youth to become skilled and employable, contributing positively to their communities. The Art-led learning program has been supported by Wipro Cares and is spread over three development blocks of the Nainital district- Ramgarh, Okhalkanda, and Dhari. We reach out to 285 primary-level learners, 13 government schoolteachers, 10 Shiksha Sahayaks, and 170 students with indirect involvement. In addition to the in-house training, various experts amongst our knowledge partners are invited to conduct specific workshops in the field of art.

Our knowledge partners include – Pratham Education Foundation, Gillo Repertory Theatre, Art Sparks Foundation, Ektara Trust, Eklavya Foundation, Aurobindo Ashram Trust, Duleep Mathai Nature Conservation Trust, Anubhavshaala and Centre for Science and Environment's kids magazine – Gobar Times.

As a result of the interventions, various success stories of Shiksha Sahayaks have been seen. They have joined an alternative school, led a district-level project, developed liaison skills, and engaged with the education department, pursued an art-integrated learning course.





Ms Nidhi Vyas at SUSCON X, IIM Shillong

Digital empowerment and online education are other significant components of the NEP-2020. For high school students, we collaborate with eVidyaloka, a Bangalore-based NGO dedicated to transforming rural education in India by crowdsourcing qualified volunteer teachers globally and providing IT infrastructure to link students in remote classrooms. We have established digital classrooms in 10 schools located in the remote areas of Sitarganj and Khatima blocks of Udham Singh Nagar. A team of 11 local youth manage daily operations in these schools, including classroom planning and setup, volunteer teacher coordination, in-classroom support, and digital documentation. Building the capacity of this team is a primary focus of our partnership. Through this initiative, we reach 963 student beneficiaries.

The Education Outreach Program also engages in grassroots research. This year, a research paper titled Thematic Analysis of Climate Change Awareness and Action in the Children of the Indian Himalayan Region of Uttarakhand was presented at SUSCON X, IIM Shillong.

Looking ahead we hope to reach out to more learners from two additional remote blocks of the Nainital district and collaborate with DIETS for art-led trainings for a wider range of educators.

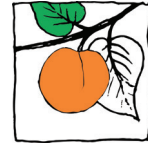
If you feel every child deserves fun learning, please donate or if the issue of quality education resonates with you, please reach out to us!



LIVELIHOODS

LIVELIHOODS PROMOTION PROGRAM

Aarohi's model for sustainable livelihoods addresses critical impediments faced by rural communities. The model identifies key obstacles, and their effects, and offers tailored solutions to overcome these challenges. This holistic approach ensures that rural livelihoods are improved in a sustainable and environmentally friendly manner. Aarohi's model aims to address the impediments faced by marginalized communities by offering targeted solutions and leveraging institutional and community-based approaches. By focusing on environmental protection and sustainable resource utilization through protecting the ecosystem, Aarohi ensures that rural livelihoods are not only improved but also sustained for the long term.



Over its 3-decade history, the Livelihoods program has achieved significant progress through the implementation of its institutional model maintaining a close bond with the communities. Communities have been reached out to for guiding them on herb cultivation, making available seed/saplings with a buy-back facility through our production unit, and procuring various raw materials for our range of body and wellness products.



This has given a means of supplementary livelihoods for the rural communities in addition to their farming. This has been a medium to sustain the losses due to rising wildlife conflict, and environmental changes.

There have been multiple ways the community has benefitted from additional income via –

- Herbs purchase
- Purchase of Apricot Kernels and seeds
- Hand-pounding of Apricot scrub

- Purchase of Mahua oil
- Sorting grading of herbs and kernels
- Woolen products and soft toys making

The Livelihood Unit has successfully implemented several initiatives aimed at creating diverse and sustainable livelihood opportunities for the community. These efforts have not only improved the economic well-being of individuals but also strengthened the overall community fabric

KEY ACHIEVEMENTS OF THIS YEAR

Diversification of Livelihood Opportunities

- **Agriculture and Allied Activities:** Introduced herb cultivation, leading to increased yields and profitability.
- **Handicrafts and Artisanal Products:** Promoted traditional arts like aipan, enabling artisans to produce quality, marketable products. Facilitated access to new markets through exhibitions, fairs, and online platforms.



- **Small-Scale Industries:** Established small-scale manufacturing unit, including soap-making, herbal infusions, apricot oil, apricot face, and body scrubs, creating employment opportunities and encouraging entrepreneurship.

Skill Development and Capacity Building

- **Training Programs:** Conducted training programs to enhance the skills of community members in various trades, including knitting, and soft toy making. This has equipped women coming from rural Himalayan farming families.



- **Entrepreneurship Development:** Offering mentorship focused on entrepreneurship, business management, and financial literacy, empowering 15 community women to launch and manage endeavors effectively.

Market Access and Linkages

- Aarohi is engaged in direct linkages between producers and markets, through its Nature Shop and participation in various exhibitions in various locations of the country.

Aarohi actively participated in various exhibitions with the dual purpose of marketing our products and gaining deeper insights into the current market dynamics. These exhibitions served as a valuable platform to evaluate and understand the potential for marketing products from various rural enterprises.

Our participation was strategically aimed at several key objectives:

1. Understanding Product Diversification:

By showcasing our products alongside other rural enterprises, we were able to gather insights into market preferences and trends. This helped us identify opportunities for diversifying our product range to better meet consumer demands.

2. Portfolio Expansion:

Engaging with customers and other exhibitors allowed us to explore new product ideas and categories, thereby facilitating the expansion of our product portfolio. We could gauge the reception of potential new products and make informed decisions on introducing them to our lineup.

3. Identifying Regular Market Presence Opportunities:

The exhibitions also provided a unique opportunity to explore avenues for establishing a more consistent market presence in various locations. By understanding the local market conditions and consumer behaviour, we aimed to identify key regions where a regular presence could be beneficial for our enterprise.

Through these efforts, Aarohi not only strengthened its market reach but also gained valuable knowledge to support the growth and sustainability of our products and those of other rural enterprises. This proactive approach ensures that we remain competitive and relevant in an ever-evolving market landscape.

Exhibition Name	City	Sales (in INR)
Nature Bazaar	Delhi	₹ 54,370.00
Light Fastabel	Delhi	₹ 89,210.00
Blind School	Delhi	₹ 81,080.00
Handloom Bazaar	Delhi	₹ 84,110.00
Winter Mela Bazaar	Delhi	₹ 41,138.00
Dastkaari Haat Samiti	Delhi	₹ 1,56,129.00
Uttarayani Mela	Lucknow	₹ 55,228.00
Grameen Himalayan Haat	Nainital	₹ 9,410.00
Rajbhawan	Lucknow	₹ 25,799.00

GRAMEEN HIMALAYAN HAAT

The Grameen Himalayan Haat or the Rural Himalayan Fair is a 5-day cultural festival cum artisanal marketplace, showcasing and supporting the indigenous handloom, handicrafts and niche local products of Uttarakhand.

A haat is a traditional fair that is held on village grounds in rural India. In a region lacking adequate economic opportunities, the haat bridges the gap between producers and consumers while also serving as cultural nerve centers of the rural economy.

This motivation led to the conception of the Grameen Himalayan Haat, by Aarohi in December 2001.

The tremendous response from local communities led to the Haat becoming an annual event. Over the years it has come to be much more than just a village market.

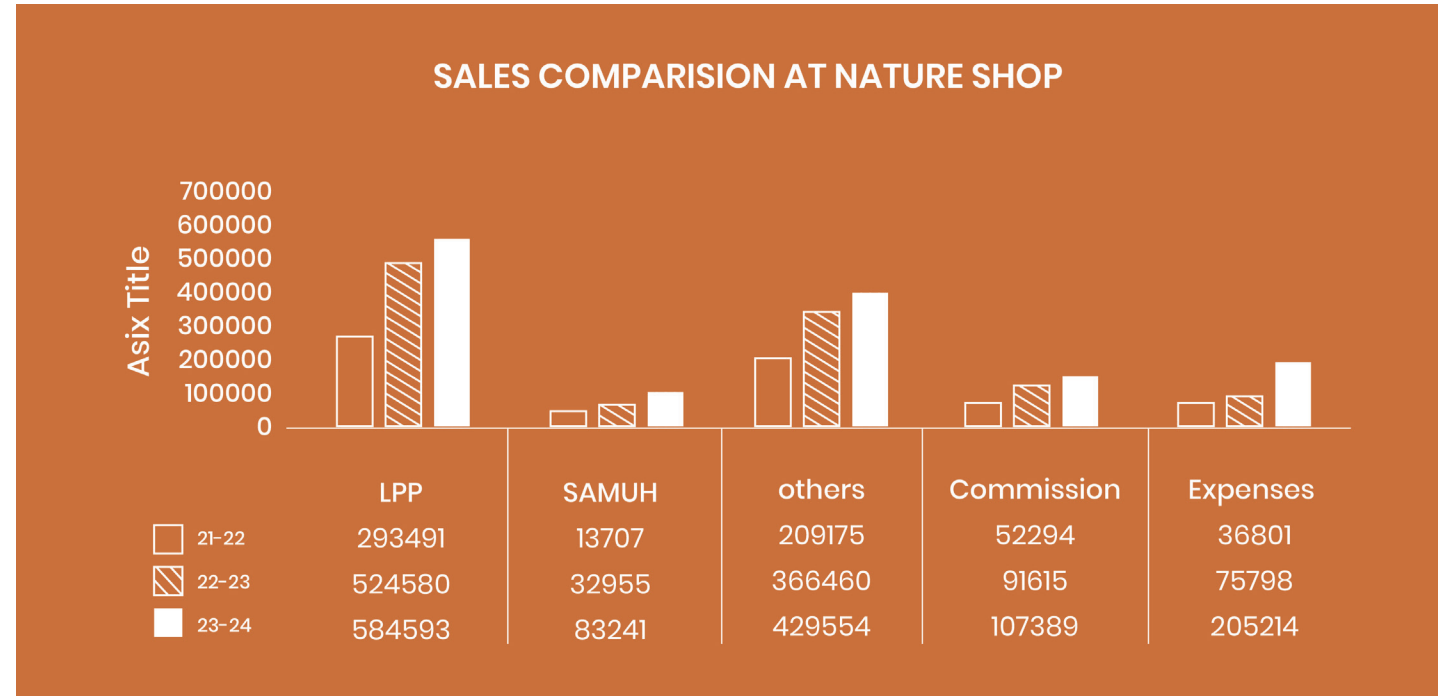
It has gathered a significant eagerness from the population not just of the neighbourhood but across the Uttarakhand.

GOALS AND OBJECTIVES –

- Identify and promote local artisans and SHGs to take up livelihood activities.
- Provide a local market for local artisans, SHGs, entrepreneurs, and farmers.
- Support the revival of traditional folk heritage and promote cultural events as a source of livelihood.
- Enhance building awareness through knowledge-sharing sessions on agriculture, animal husbandry, poultry farming, bee-keeping, etc.
- Promote skill development through workshops on soft toys, candlemaking, fruit preservation, etc.
- Promote a culinary exchange mechanism by sharing the local cuisine and introducing cuisine from other states.
- Generate awareness and consciousness among the local stakeholders about environmental issues, the impact of single-use plastics, and the conservation of biodiversity and natural resources.



Aarohi not only gives a platform for marketing and sales of its products but effectively supports the 15 local enterprises by making their products reach to intended customer segment through its Nature shop



The Livelihood Unit's comprehensive approach to generating diverse livelihood opportunities has significantly improved the economic resilience and quality of life for the community. Through targeted interventions in agriculture, crafts, small-scale industries, skill development, market access, financial inclusion, and sustainable practices, the Livelihood Unit has created a robust foundation for sustained economic growth and social development.

Community Benefits:

The community has experienced a range of significant benefits through various initiatives supported by Aarohi. These benefits have positively impacted multiple facets

of community life, fostering economic growth and social cohesion.

1. Herb Cultivation and Sales among the farming community:

Local farmers have been empowered through the cultivation and sale of herbs. This initiative not only provided them with an additional source of income but also promoted sustainable agricultural practices. The cultivation of high-demand herbs has opened new market avenues, ensuring steady revenue streams for the farming community.

2. Employment Opportunities:

With the livelihoods promotion program, the native communities have found formal employment, enabling them to earn a stable livelihood. This has allowed individuals to utilize their skills productively, leading to increased household incomes and improved living standards.

3. **Women & Self-Help Groups (SHGs):** Women associated with Self-Help Groups (SHGs) have significantly benefited through their involvement with Aarohi in the production of knitted outfits and soft toys. These activities have provided them with a reliable source of income, enhancing their financial independence. The consistent earnings have enabled these women to contribute to their household finances, promoting gender equality and empowerment within the community.

4. Community Cohesion:

The collective efforts in various initiatives have strengthened the social fabric of the community. As individuals and groups work together towards common goals, there is a noticeable improvement in social relationships and community spirit. This collaborative environment has fostered a sense of unity and mutual support, essential for the community's holistic development.

Overall, Aarohi's initiatives have not only bolstered the economic well-being of the community but also enhanced social integration and empowerment. These multifaceted benefits underscore the positive impact of community-centric development projects, paving the way for sustainable growth and prosperity.

WORD OF MOUTH

Empowered by Aarohi's Livelihoods Unit,
MR KHEEMANAND ARYA



In my late fifties, a sudden paralysis left me unable to work and trapped within the walls of my home. As a former daily wage laborer, I struggled to support my family and felt isolated in our remote village. That's when Aarohi stepped in, offering me a lifeline. With their training in apricot product making and help in securing a disability pension, I found renewed purpose and a steady income.

Despite the loss of my father and the challenges of wildlife conflicts, Aarohi's support has given me hope. Now, I'm planning a community initiative to help others like me. Aarohi has not only helped me overcome obstacles but also empowered me to dream bigger for myself and my community.

SUSTAINABLE RURAL LIVELIHOOD PROGRAMME

In the heart of the majestic Himalayas, where towering peaks cast their shadows over verdant valleys, lies a region of unparalleled beauty and formidable challenges. Here, in the central Himalayan region of Nainital district, Aarohi embarked on a transformative journey to empower local communities and nurture sustainable livelihoods.

For generations, the people of this region have relied on farming for sustenance, their livelihoods intricately tied to the land they till. Yet, amid the breathtaking beauty, the harsh realities of geographic isolation and limited market access have posed significant barriers to economic growth.

Navigating these challenges required innovation and resilience. Aarohi recognized the need for a holistic approach, one that not only addressed immediate economic needs but also fostered long-term sustainability. The terrain presented logistical hurdles, with remote villages often cut off from modern agricultural practices and market opportunities. Aarohi, with a vision to transform challenges into opportunities.

Backed by the generous support of the CSR by Bajaj Auto since 2021, Aarohi launched the ambitious 'Strengthening Rural Livelihoods for Sustainable Development' project in Ramgarh, Dhari, and Okhalkanda blocks of Nainital district. Spanning three years and encompassing 34 villages across Nainital, the project aimed to empower local communities through education, innovation, and collective action through a farmer's cooperative called Dhara (earth).



The journey began with education. Aarohi engaged farming communities in workshops and training sessions, introducing them to advanced farming techniques and the benefits of organic practices. Farmers learned about soil health, crop rotation, and water conservation – essential tools for sustainable agriculture in the Himalayas.

As knowledge took root, so did a spirit of collective action. Farmers came together to form community-based organizations (CBOs), pooling resources and expertise to enhance crop quality and market their products effectively. From post-harvest management to branding and institutional marketing, Aarohi guided these initiatives every step of the way.

Aarohi focused on creating resilience among marginal farmers and promoting sustainable agro models. Activities included establishing efficient supply chains across 34 villages, providing support in plantation and seed kits, and promoting diverse crops like millets, pulses, vegetables, and herbs. The project engaged 1,660 farmers, expanded fruit cultivation areas, and introduced high-density Apple Orchards.

Along the journey, challenges emerged – from wildlife conflicts to climatic uncertainties. Yet, with resilience forged through shared purpose, communities adapted. They implemented measures to mitigate risks, ensuring that agriculture remained a viable livelihood despite the odds.



Dhara, led by Mr Sanjay Bisht and supported by our NRM head, Dr Narayan Bisht at the Swiss Himalayan Bounty event held at Aarohi

Amidst the trials, there were triumphs. Fields once yielding modest crops now boasted bountiful harvests of organically grown produce. Farmers found new markets for their goods, forging connections that transcended the valleys and reached urban centers.

Dhara continues to evolve, guided by the wisdom gleaned from practical experience and the enduring spirit of the people. The journey towards sustainable livelihoods has just begun with each season's harvest and with each new lesson learned, hope flourishes.

In the annals of Aarohi's work in the Himalayas, this chapter stands as a testament to the power of community-driven development. Through partnership, perseverance, and a commitment to sustainability, Aarohi and the communities of Nainital are sowing the seeds of a brighter future – where economic resilience and environmental stewardship go hand in hand, ensuring that generations to come thrive amidst the grandeur of the Himalayas



134
Villages covered



60
CBOs formed



1780
Beneficiaries in CBOs



60
Products



0.15%

2.07%

7000

1200

30

NATURAL RESOURCES MANAGEMENT (N.R.M.)

Aarohi's initiatives in the N.R.M., supported by VNV Advisory Services' community-led climate action programs, focus on planting 16 native and economically viable species in Nainital, Almora, Pithoragarh, Bageshwar, and Champawat. The project design will follow CCBA (Climate Community Biodiversity Action) standards ensuring climate, community, and biodiversity benefits. The project will be certified according to Verra standards.

Implemented through the CCBA, Aarohi has undertaken innovative initiatives involving communities and *Van Panchayats* (Village Forests Councils) to conserve and manage indigenous plant species in Uttarakhand. Afforestation programmes, modern water conservation and management techniques, and reducing dependence on forests for fuelwood and waste reduction are integral aspects of Aarohi's diverse activities in dealing with climate change.

Aarohi has historically successfully implemented initiatives such as the Swajal Project, providing drinking water schemes, cleanliness programmes in 13 villages, and afforestation work. So far, over 1,300 families have benefited from these efforts so far. In the mountainous villages, we initiated a comprehensive afforestation programme this year to enhance biodiversity conservation and livelihood opportunities through tree planting. Expanding green cover involves planting seedlings from the nursery, directly sowing selected species seeds, and using natural regeneration methods.

Current implementational efforts entail working in five districts of the Kumaon division of Uttarakhand. In the coming three years, the goal is to develop barren and degraded forests into viable options for biodiversity and livelihoods using GIS technology. Using GIS for precise monitoring, the current project targets 4,000 hectares across 250 villages and 307 Van Panchayats, aiming for widespread afforestation. Aarohi aims to produce 1 million plants of 16 local species annually, through our 23 plant nurseries. These nurseries mainly focus on species contributing to the community's livelihood options.

In addition to plantation, the project also aims at generating sustainable livelihood through NTFPs, fruits, and other plants that will be used as raw material within the existing livelihood program of Aarohi. Additionally, the project will result in livelihood generation through local nursery development, expansion of existing livelihood programs, GIS plot mapping, and planting.

With rising forest fires across Uttarakhand, Aarohi has established 80 *Van Suraksha Samitis* (Forest Protection Committee) with the help of Van Panchayat members and local communities. Additionally, for livelihood generation, AAROHl is planting income-producing species like apricot and chyura (Indian butter tree), enhancing both economic opportunities and environmental sustainability in the region.



OTHER VENTURES

SHRI HARI KRISHNA TRIVEDI (HKT) MEMORIAL PROJECT

Since 2012-13, Aarohi has been dedicated to improving health and education in the Bhaisiyachhana and Dhauladevi development blocks of Almora district, currently working with 23 villages under the HKT Memorial Project.

HEALTH PROGRAMME

Our health program focuses on comprehensive maternal and childcare. We support pregnant women from registration through delivery and provide care for mothers and newborns for 42 days postpartum. Key activities include:

1. Educating pregnant women on hygiene and nutrition.
2. Informing parents of malnourished children (ages 0-5) about proper feeding practices and cleanliness.
3. During mother group meetings, we cover important topics such as:
 - Prenatal check-ups and care
 - Anemia prevention
 - Mother-child nutrition
 - Pregnancy complications and high-risk factors
 - Delivery Preparation
 - Exclusive breastfeeding
 - Family planning



These sessions are facilitated using flip charts and flashcards. Additionally, we inform the community about surgical camps and other events organized by our cottage hospital, the Aarohi Arogya Kendra (AAK). This year, a surgical camp at the AAK successfully operated on one woman for gallstones. In 2023, 89 people obtained health services through our Mobile Medical Unit at Swami Vivekanand Hospital, Petshal, Almora, which included 20 pregnant women.

ADOLESCENT HEALTH

The program's adolescent stakeholders are over 350 teenagers from 10 villages and 7 schools, where we deliver health sessions under various topics using flipcharts on topics such as –

- Nutrition Importance
- Sexual and reproductive health
- Mental health
- Violence and injury prevention
- Drug abuse awareness
- Non-communicable disease prevention

Our strategic framework aligns with the National Rural Health Mission Program, promoting informed health choices and behaviors among adolescents to mitigate future chronic illnesses.

To support the physical and mental development of youth last year, we organized four major sports events this year, with 469 children participating. Additionally, 20 women took part in road races.

Through these initiatives, the Shri Hari Krishna Trivedi Memorial Project continues to make a significant impact on the health and well-being of our community.

EDUCATION PROGRAMME

Under the H.K.T. scholarship this year, one student and three female students were awarded scholarships.

Under the HKT program, two activity centers are in operation in village Supai, where children, through projects and activities after school, are taught about topics such as –my acquaintance with the family, plants, forest weather, etc. Basic computer knowledge is given to children and youth through the computer center.

Through live sessions, the girls from class 3 to college are being counseled every month for their education and social practices. As a result, many students have been invited to these sessions.

N.R.M.

Under the NRM, about 18,000 people from 40 villages of Bhasiachana and Dhauladevi block are identified for our CCBA program. 9,000 saplings and seeds of native species have been planted on 485 hectares of land. To date, 21 villages have been covered.

OTHER ACTIVITIES

Exposure Visits

Children received exposure visits periodically, including picnics for those at the activity center. Women from the Dagdi group visited the Himalayan Haat, gaining valuable insights and experiences.

Women's Day Programme

To celebrate Women's Day, a significant event was held with 54 village women participating. During the meeting, 110 children were provided with warm hats and socks.

Cleanliness Drives

Thirteen cleanliness drives were conducted this year, raising awareness and promoting the recycling of municipal waste.

Entrepreneurial Encouragement

Women were encouraged to pursue entrepreneurship by setting up stalls at the Grameen Himalayan Haat. The Dagdi group also showcased their products at an exhibition in Delhi.

Workshops and Exhibitions

- A two-day workshop on a woolen dress and pirul (pine needle) basket making was held at The Heritage School for students of classes 8 to 12, followed by an exhibition.
- A three-day workshop taught the Dagdi group how to create showpieces from old clothing clippings.
- These activities have contributed to the enrichment and empowerment of our community members, providing them with opportunities for growth and development.





WORD OF MOUTH

Saved by Aarohi, Inspired to Give Back,
GAYATRI SUPYAL

My name is Gayatri Supyal and I belong to Supai village. My father's name is Shri Shankar Singh Supyal and my mother is Mrs. Uma Supyal. I have completed my B.A. degree. Since 2013-14, I have been attending computer, life skills, sports activities, and music classes at Aarohi's Supai Center. I regularly visit the Aarohi Centre for work. On July 15, 2022, while on my way to college during my B.Ed. fourth-semester exams, I suddenly fainted and collapsed.

I was rushed to a hospital where doctors referred me to Delhi. On July 16, I was admitted to Delhi-Durghergunj Hospital, where doctors diagnosed me with brain hemorrhage and recommended surgery after four days. However, my condition worsened suddenly that night.

Dr. Col. Pant, Chairperson of Aarohi, intervened and coordinated with the operating doctors that night, ultimately saving my life and ensuring proper treatment. Dr. Dipankar Mankotia performed the surgery with exemplary care and patience, which gave me immense courage. This experience made me realize that compassion and expertise matter more than anything else. I am deeply grateful to Dr. Col. C.S. Pant and Aarohi for their timely support and care, which saved my daughter's life. Following the operation, I received further care at Medical Multi Specialty Hospital, where Ms. Anandi Arya, a former nurse at Aarohi, took excellent care of me. Today, I am actively involved at the Aarohi Activity Center, where I work with children who continue to inspire me. Their connection and warmth bring me great joy. I sincerely thank the entire Aarohi family from the bottom of my heart."

YOUTH WING & EMPOWERMENT

The youth wing and empowerment program was initiated in 2011, to improve sports programs being organized for the physical and mental development of the youth so that both their future and health can be better. Under the Youth Wing program, local sporting events of Kabaddi, Kho Kho, Athletics, Badminton, Football, etc. were identified as avenues towards the development of the youth of Kool, Bhiyalgaon, Peora, and Supai.

Now in its 12th year, the youth wing program has grown, albeit slowly. The wing has realized its importance amongst the communities it serves and has slowly begun spreading its wings. The youth wing also focuses on empowering the youth through skill-building and livelihoods.

SPORTS

This year 7 youths were selected under the Govt. of Uttarakhand's Chief Minister's Udayman Khiladi Chattravritti Yojana. The scheme provides financial assistance of ₹1,500 to young athletes in Uttarakhand, aiming to nurture their talent and enhance the state's sports performance at national and international levels. This initiative supports training and development through scholarships and other resources. 40 youth have participated in various marathons such as those held in Mukteshwar, Nainital, Monsoon Marathon, Bhagta Bharat Marathon, and Manegair Marathon.

Additionally, the youth of the area have shown their calibre in the Khel Mahakumbh, a state-level sports event that takes place every year for three months. The event includes a variety of sports, including athletics, kabaddi, kho-kho, table tennis, swimming, boxing, lawn



tennis, and badminton. The goal of Khel Mahakumbh is to prepare players for the National Games. 160 youths participated in the Khel Maha Kumbh program at the block level of which 90 youths participated at the district level finally translating to 14 youths participating at the state level

EMPLOYMENT

Additionally, the program has identified 2 youths who are supported by Aarohi for self-employment.

- Electrician – Pankaj Kumar
- Barber – Santosh Kumar

23 youths participated in Margshala Khojshala Business Incubator Workshops led by the Marghsala Foundation.

Military training practice was conducted at Aarohi sports ground in which 5 youths have been selected for Agniveer.

FINANCIALS

ABRIDGED BALANCE SHEET OF AAROHI AS OF MARCH 31, 2024

SOURCES OF FUNDS	2023-24	2022-23
	Amount (INR)	Amount (INR)
Unrestricted funds (General Fund)	63,048,855.00	66,018,809.00
Earmarked funds and grants pending utilization	52,034,080.00	39,105,550.00
Grants utilized for fixed assets (Fixed and Moveable)	23,869,190.00	24,561,135.00
Current liabilities	3,180,756.00	2,769,685.00
Total	142,132,881.00	132,455,179.00

APPLICATION OF FUNDS		
Fixed Assets (Fixed and Moveable)	42,227,234.00	36,625,486.00
Long term investments	79,259,797.00	76,694,191.00
Cash at hand and in bank	7,886,264.00	8,506,612.00
Other current assets and investments	12,759,586.00	10,628,890.00
Total	142,132,881.00	132,455,179.00

ABRIDGED INCOME AND EXPENDITURE ACCOUNT FOR YEAR ENDED MARCH 31, 2024

INCOME		
Donations and grants	46,341,487.00	37,751,210.00
Community Contribution	389,884.00	174,296.00
Income from investments and interest	5,743,667.00	3,716,622.00
Receipts from activities	5,390,846.00	4,436,903.00
Income from livelihood program	6,998,291.00	6,948,187.00
Other income	1,639,556.00	810,850.00
Total Income	66,503,731.00	53,838,068.00

EXPENDITURE		
Staff Cost	22,710,112.00	22,447,955.00
Cost of material (livelihood programs)	2,366,400.00	2,424,746.00
Health intervention programs	5,611,746.00	5,196,521.00
Improvement in livelihood and standard of living of community members , and their work related drudgery reduction intervention expenditure	6,486,150.00	2,953,249.00
Capacity building	1,133,018.00	1,996,362.00
Depreciation	1,665,302.00	1,010,906.00
Other cost	11,325,296.00	9,409,026.00
Total rexpnditure	51,298,024.00	45,438,765.00
Net surplus	15,205,707.00	8,399,303.00

ABRIDGED RECEIPTS AND PAYMENTS ACCOUNT FOR YEAR ENDED MARCH 31, 2024

RECEIPTS		
Opening cash and bank	8,506,612.00	7,399,183.00
REVENUE RECEIPTS		
Donations and Grants	41,089,278.00	37,751,209.00
Receipts from investment and interest	4,966,057.00	3,494,330.00
Receipts from livelihood program	6,998,291.00	6,948,187.00
Community contribution	389,884.00	174,296.00
Receipts from activities and other sources	6,675,456.00	5,086,239.00
Total revenue receipts	60,118,966.00	53,454,261.00
Grants received to fund capital expenditure	375,014.00	1,410,320.00
Disposal of assets	460,000.00	235,000.00
Refund of income tax including interest	0.00	749,380.00
Other receipts, recoveries and adjustment of advances	707,945.00	533,861.00
Total Receipts	70,168,537.00	63,782,005.00
Total revenue receipts	60,118,966.00	53,454,261.00

PAYMENTS		
Purchase of fixed assets	8,672,217.00	6,235,838.00
Investments including fixed deposits	2,565,606.00	2,702,282.00
Income tax deducted at source and other statutory dues	485,190.00	383,395.00
Repayment of deposits ,advances given, and other ad-justments	1,443,652.00	422,215.00
REVENUE PAYMENTS		
Staff Cost	22,710,112.00	22,447,955.00
Cost of material and drugs consumed (livelihood and health programs)	3,843,299.00	4,542,257.00
Medical camps and mobile medical unit	2,784,587.00	3,606,197.00
Improvement in livelihood and standard of living of community members , and their work related drudgery reduction intervention expenditure	6,486,150.00	2,953,249.00
Capacity building	1,133,018.00	1,996,362.00
Other payments	12,158,442.00	9,985,643.00
Total revenue payments	49,115,608.00	45,531,663.00
Closing cash and bank balance	7,886,264.00	8,506,612.00
Total payments	70,168,537.00	63,782,005.00

MEMBERS-FOUNDERS, ANNUAL, AND LIFE ADDED THIS YEAR

FOUNDER MEMBERS

Late Pratap Bhaiya, Advocate ex-Minister, U.P.	Chairperson till 30th November 2009
Late Mrs Oona Sharma IRMA, University of Sussex	Secretary till 29th August 1996
Dr Sushil Sharma, M.B.B.S., M.D., A.F.M.C., Pune	Secretary
Late Mr. V.B. Eswaran, ex- Finance Sec., Gol	Retd. Secretary Finance Ministry, Gol
Late Lt. Gen. Gurbir Mansingh	Founder Member
Mr Mohit Satyanand, Economist	Founder Member
Late Dr Ajay Dhar	Founder Member

LIFE MEMBERS

Mr. Mohan Chandra Kandpal	Mr. Harish Chandra Singh Negi
Mr. C.S. Martoliya	Mr. Pradeep Gupta
Mr. Ranjan Joshi	Mrs. Shubha Gupta
Mr. Manoj Tewari, MLA	Mr. Tikam Singh Bisht
Mr. Chandra Shekhar Pandey	Mrs. Sheeba Sen
Mr. Gopal Negi	Dr. Sushil Sharma
Dr. P. L. Arya	Ms. Munni Suyal
Mr. Rajendra Singh Mehra	Dr. Harish Chandra Pant

Dr. Puneet Singh
Mrs. Madhumita Mitra
Mr. Vikram Maira
Mr. Devendra Singh Nayal
Mr. Jagdish Nayal
Mr. Sunder Lal
Mr. Ashish Mukherjee
Dr. Pankaj Tewari
Ms. Anandi Arya
Mr. Kunwar Singh Negi
Ms. Kiran Singh
Ms Julia Singh
Mr. Kalyan Paul
Ms. Anita Paul
Dr. Tejasvi Bhatt
Shri Bhawani Datt Kharkwal (IPS)
Dr. Lakshita Joshi
Mr. Vinit Joshi
Mr. Sunanda Joshi
Mr. Jagdish Bhandari
Mr. Diwan Singh Bisht
Mr. Praveen Sharma

Dr. Soma Sri Harsha
Mr. Yoganand Sinha
Mrs. Maya Sinha
Mr. Peter S. Chowfin
Ms. Neeraja Joshi
Mrs. Kalpana Ghai
Mr. Subhash Puri
Mr. Sanjeev Kumar Bohra
MR. Arjan Brijnath
Mrs. Diljit Brijnath
Dr. Deepak Gaur
Mr. Aditya Ahuja
Mr. Rajesh Thadani
Ms. Anuradha Sharma
Mr. Peter Laughton
Mr. Subodh Kumar Saigal
Mrs. Purnima Saigal
Ms. Aishwarya Saigal
Ms. Aparajita Saigal
Mrs. Smriti Sharma
Mr. Vishal Bhandari
Dr. (Col) C. S. Pant, VSM

Ms. Surbhi Bhalla
Ms. Kamiya Dargan
Dr. Geeta Pant
Dr. Sanjay Jain
Dr. Nivedita Deo
Mr. Rahul Jain
Dr. Rajiv Kapoor
Mr. Lalit Bhandari
Mr. Vivek Gupta
Mr. Nitin Gupta
Ms. Sudha Sastri
Mr. Shrikant Sastri
Mrs. Saral S. Tandan
Dr. Navin Dang
Dr. Manju Dang
Mr. Rajiv Kumar
Mr. Ravi Sachdev
Dr. Ajay Pant
Dr. Jyotsna Pant
Ms. Swati Pant
Mrs. Jasjit Mansingh
Dr. Surjit Mansingh

Mrs. Jasleen Dhamija
Mrs. Sukhada Gupta
Air Vice Marshal V. B. Batra
Lt. Col. Rajat Chatterjee
Ms. Niharika Puri
Mrs. Neelakshi Chatterjee
Col. Sudhir Tripathi (Retd)
Mrs. Vijaylakshmi Baig
Mr. Ranjit Dhillon
Mr. Ibadat Singh Dhillon
Mr. Sanjeev Saith
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Mr. Rajeev Butaliya
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Mr. Iqbal Husain Khan
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Mr. Ankit Gupta
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Ms. Juhi Harisinghani
Mrs. Meena Harisinghani
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Mrs. Pilloo Framjee
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Mrs. Raj Arora
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Mrs. Radha Vishwanath
Ms. Usha Deo
Mr. Vikash Deo
Mr. Deepak Deo

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Dr. Ripple Mehta
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Mr. Russell Scott

Mr. Nigel Ried

Ms. Aparajita Singh Breur

Dr. Thomas Breur

Ms. Nimmi Harisinghani

Mr. Alope Mansingh

Mrs. Yasmir Bisal

Ms. Maya Mansingh

Dr. Sandeep Gupta

Ms. Fatima Gupta

Mr. Romi Sahai

Mr. Abhinav Saigal

Dr. Rohit R. Nair

Prajakta Sarwottam

Dr. Rajiv Usgaocar

Dr. Smita Usgaocar

Dr. Ashok Agrawal

Mr. Mohan Lal Gupta

Mr. Abey Pandaplakkal John

Mr. Aashish Chaudhary

Dr. Bharaj Lal

Mrs. Meera Gurabaxani

Mrs. Arti Gurbaxani

Mr. H. Gurbaxani

Mr. Avinash Gurbaxani

Mr. Kaushik Chatterjee

Mrs. Suchishree Chatterjee

Mr. Kurush Pavri

Dr. Amrish S. Vaidya

Mr. Mahesh M. Natekar

Ms. Shweta Gopalachari

Mr. Vikram Suresh Nerurkar

Ms. Arti Shennoy

Mr. Milind Gandhi

Mrs. Lopa Gandhi

Mr. V. Venkat Rao

Ms. Priti Rao

Shri Ram Vaidya

Ms. Shilpi Gupta

Mrs. Geeta Pant

Mr. Milind P. Mokashi

Dr. Ravi Chandra

Mr. Rajneesh Ranjan

Ms. Nicole Kilborn

Mr. Tim Winton

Ms. Marissa Howard

Ms. Helen Peters

Mr. Arjun M. Hiemsath

Mr. Kabir M. Hiemsath

Mr. Steven Langendries

Ms. Stefanie Friedel

Dr Astrid Christoffersen-Deb

Mr. David McMinn

Mr. Vijay Kumar

Mrs. Margaret Kumar

Ms. Pilar Palacia

Mr. Claude Al Tabar

Mr. Peter Furst

Mrs. Maureen Furst

Ms. Kanika Jain

Dr. Sarah Marti

Dr. Corina Wild

Dr. Robert Graf

Mr. Raju Mehra

Dr. Seemin Qayum

Mr. Sinclair Thomson

Dr. Sanjeev Arora

Dr. Madhu Arora

Ms. Anita Arora

Ms. Sarah Arora

Ms. Siddhi Gupta

Mr. Joshua Kearns

Dr. Anjali Niyogi

Mr. Patrick Staiger

Dr. Vineet Varanasi

Dr. Subhashini Allu

Ms. Medha

Dr. Mukesh Shah

Dr. Neera Shah

Mr. Gurpal Singh Bindra

Dr . Sudhakar Reddy

Mrs. Sangeeta Sharma

Mr. Toposmito Sengupta

Mr. Kavikumar Nagarajan

LIFE MEMBERS JOINED THIS YEAR

Name	Location
Dr R.K. Thukral	Sunderkhal
Mr Samiran Tripathi	Mumbai
Pooran S. Nayal	Satkhol
Ms Lata Sharma	Satkhol
Dr Gita Pujari Misra	Kolkata
Dr Prashant Misra	Kolkata

ORDINARY MEMBERS

Ms Maya Bisht	Mr Tara Dutt kabdwal
Ms Uma Devi	Mr Ghanshayam Sunal
Ms Shobha Devi	Mr Chandra Shekhar
Mr Gopal Singh Rautela	Ms Sarita karki
Mr Mohani Bisht	Ms Mamta Arya
Ms Parwati Bisht	Ms Beena Nayal
Ms Leela Devi	Ms Kusum Nayal
Ms Ganga Bisht	Ms Bimla Nayal
Ms Chitra Mehra	Ms Radha Nayal
Dr Gargi Goel	Ms Leela Nayal

Ms Sarita Paneru	Ms Shova Kapil
Ms Prativa Chausali	Ms Hema Kapil
Ms Hema Lamgariya	Ms Rekha kapil
Ms Shobha Negi	Ms Deepika kapil
Ms Rekha Devi	Ms Bashanti kapil
Ms Jyoti Mahitoliya	Mr Bhuwan Chandra Joshi
Ms Manju Nayal	Mr Diwan chandra
Ms Suman Arya	Ms Nirmala Jeena
Ms Neema Lamgariya	Dr. Narayan Singh Lodhiyal
Ms Neelam Bhatt	Ms Deepa Lodhiyal
Ms Deepa Noliya	Mr Harandar singh
Ms Prema Bugyal	Mr Mohani chandra Kabdwal
Ms Pooja Paneru	Ms Bhagwati Bisht
Ms Lalita	Ms Himani Bisht
Ms Preya Pargaye	Ms Sunita Bisht
Ms Kiran Arya	Ms Kavita Bisht
Ms Leela Bisht	Ms. Radha Bisht
Ms Kamla Bhatt	Ms Deepa Bisht
Ms Parwati Kapil	Ms Bhagwati Devi
Ms Tulsi Lohani	Ms Pushpa Devi
Ms Pushpa Kapil	Ms Sunita Arya
Ms Shiwani Kapil	Ms. Shanti Suyal

DONORS

INSTITUTIONAL DONORS		
M/s Azim Premji Philanthropic Initiatives Pvt. Ltd.	11,408,000.00	Health
M/s Radha Mohan Mehrotra Medical Relief Trust	2,530,000.00	Health
M/s Bajaj Auto Ltd.	994,657.00	Health
Shree Bharat International Pvt. Ltd.	4,400,000.00	Education
M/s Wipro Foundation	2,079,257.00	Education
Give2Asia	1,423,651.00	Education
M/s Sisi & Savita Charitable Trust	101,000.00	Education
Value Network Ventures Advisory Services Pte. Ltd.	7,476,686.00	NRM
M/s Bajaj Auto Ltd.	6,000,000.00	Rural Livelihoods
EDUCATION		
M/s Wallace Flour Mills Co. Pvt. Ltd.	500,000.00	Education
Linde Foundation	222,000.00	Education
Mr. Vipin Agarwal	100,075.00	Education
Mr. Vineet Chhatwal	100,000.00	Education
Dr. Tarun Sahni	70,000.00	Education
Mr. Govind Singh Dhani	55,000.00	Education
Pande Family Charitable Trust	51,000.00	Education
Mr.Neelesh Lohani	50,000.00	Education

Genral Mohan Singh Azad Hind Fauj Charitable Trust	25,000.00	Education
Maj. Gen. (Dr.) Vivek Sharma	20,000.00	Education
Mr. Ashish Kumar	20,000.00	Education
Mr. Ayush Bhargava & Alok Gupta	20,000.00	Education
Mr. Gopakumar V	20,000.00	Education
Mr. Narendra Singh Bisht	20,000.00	Education
Mr. Sharat Seth	20,000.00	Education
Mr. Snehanand Sinha	20,000.00	Education
Mr. Somenath Ghosh	20,000.00	Education
Mr. Vikas Vasudeo Joshi	20,000.00	Education
Mr. Yoganand Sinha	20,000.00	Education
Ms. Hemant Kumar Tiwari	20,000.00	Education
Ms. Mala Sinha	20,000.00	Education
Ms. Maya Sinha	20,000.00	Education
Ms. Mohini Gupta	20,000.00	Education
Ms. Ruchira Pnadey	20,000.00	Education
Ms. Sanjana Govind	20,000.00	Education
Mr. Tulsi Gurbaxani	16,000.00	Education
Ms. Premila Nazareth Satyanand	5,000.00	Education
Mr. Mohan Lal Gupta	2,200.00	Education
Mr.Iram Sultan	2,000.00	Education

Mr. Sanjay Kumar Bisht	1,700.00	Education
Mr. Bhuwan Chandra Tewari	1,500.00	Education
Seema Nazareth Endowment for The Girl Child	15,000.00	Education
Ms. Sonia Mishra	49,901.00	Education

HEALTH		
Mr. Ashwin Mittal	1,000,000.00	Health
Dr. Navin Dang	100,000.00	Health
M/s Agarwal Law Associates	100,000.00	Health
Mr. Mahesh Agarwal	100,000.00	Health
Mr. Ashish Jakhanwala	100,000.00	Health
Mr. Rajendra Kumar Thukral	100,000.00	Health
Select World Tours India Private Limited	100,000.00	Health
Mr. Vikram Maira	50,000.00	Health
Mr. Nagesh Chaudhary	16,586.00	Health
Ms. Usha Rani Tripathi	3,000.00	Health
Mr. Sushant Jain	2,100.00	Health
Ms. Hina Goyal	1,000.00	Health

DEVELOPMENT		
Mr. Abhishek Saxena	500,000.00	Development
Gama Infraprop Pvt.Ltd.	200,000.00	Development
Lt. Col. Kandikuppa Murty	200,000.00	Development
Ms. Neeru Tewari	200,000.00	Development
Mr. Ranjan Joshi	153,000.00	Development
Dr. Col. Chandra Shekhar Pant	100,000.00	Development
Dr. Puneet Kumar Singh	50,000.00	Development
Mr. Deep Chandra Joshi	40,000.00	Development
The Online Giving Foundation	38,096.00	Development
M/s World Learning India Pvt.Ltd.	36,000.00	Development
Dhara Self Reliant Co-operative	26,000.00	Development
Jatia Bal Vihar Educational Trust	25,000.00	Development
Ms. Sadhika Kumar	25,000.00	Development
M/s Shahzada Ram Satya Wati Charitable Trust	20,000.00	Development
Ms. Jayshree Mehta	11,000.00	Development
Dr. Vikrant Narayan Vasudeva	10,000.00	Development
Ms. Chandrakala Bisht	7,000.00	Development
Dangi Drug Distributer	5,000.00	Development
Ms. Akshita	5,000.00	Development
Ms. Deepa Bhatt	5,000.00	Development
Ms. Priyam Mehta	5,000.00	Development

GRAMEEN HIMALAYAN HAAT		
State Bank of India	25,000.00	Grameen Himalayan Haat
B2R Technologies Pvt. Ltd.	5,100.00	Grameen Himalayan Haat
Raja Scientific And Surgicals	5,000.00	Grameen Himalayan Haat
Ms. Swati Pant	3,100.00	Grameen Himalayan Haat



CONTRIBUTE

WORK WITH US

We welcome professionals across the fields of education, health, rural development, and natural resources management.

VOLUNTEER WITH US

- Your professional skills can go a long way in strengthening our structure and processes.
- Beautiful Himalayan ranges, pristine forests and days that can be called adventures - working at Aarohi is a beautiful experience.

BE A LIFE MEMBER AND BECOME A PART OF THE LARGER AAROHI FAMILY.

DONATE TOWARDS OUR HEALTH, EDUCATION, AND OTHER DEVELOPMENT INITIATIVES!

- Aarohi is a not-for-profit society, registered under the Societies Registration Act, 1860; Section 6(1) of the Foreign Contribution (Regulation) Act, 1976; Section 80G and 12 A of the Income Tax Act, 1961.
- All contributions to Aarohi are exempt from Income Tax under Section 80G of the IT Act.



Compilation:

Mr Samiran Narayan, Operations Manager - Health and Mr Chandra Shekhar, Admin Officer, Aarohi

Design and Visualized by:

Studio Brahma Pvt. Ltd.

AAROHI TEAM

Administration & Accounts

Dr Pankaj Tewari

Mr Yashpal Arya

Mr Chandrashekhar

Mr Sundar Lal

Ms Bimla Bisht

Mr Harish Chandra

Mr Bhupendra Singh Bisht

Mr Rajendra Prasad

Mr Mahendra Singh Nayal

Ms Minakshi Kamal Kishor

Ms Bhawani Arya

Mr Hemant Bisht

Mr Mahipal Singh Bisht

Ms Swati Pant

Mr Gopal Singh Negi

Education

Ms Gangotri Negi

Ms Neema Devi

Ms Jyoti Joshi

Ms Deepa Arya

Ms Poonam Arya

Mr Deepak Pandey

Mr Brijesh Kumar

Mr Pradeep Rastogi

Ms Hema

Ms Archana Chandra

Ms Laxmi

Ms Neha Rautela

Ms Neema

Ms Lalita Tiwari

Ms Supriya

Mr Jagdish Singh

Mr Kundan Singh

Mr Harish Chandra Kabdwal

Ms Kavita Devi

Ms Seema Tiwari

Ms Deepa Rawat

Mr Lalit Kumar

Health

Mr. Kavi Kumar N

Mr Jagdish Singh Nayal

Mr Samiran Narayan

Ms. Champa Kanwal

Dr.Mukul Singh Bisht

Dr.Vipin Kumar Arun

Ms Sushila Bisht

Mr Puran Chandra

Ms Savitri Bisht

Mr Pradeep Arya

Ms Munni Suyal
Mr Har Singh Mewari
Mr Prakash Ch. Pandey
Ms. Deepa Paneru
Ms. Manju Devi
Ms. Pooja Joshi
Mr. Neeraj Negi
Ms. Sarita Devi
Dr. Prasanta Kumar Misra Choudhury
Dr. Gita Pujari Misra
Ms Mamta Nayal
Ms Neha Arya
Ms Niha Mehra
Ms. Jyoti Mahtoliya
Ms Lalita
Ms Beena Nayal
Ms Kiran Arya
Ms Deepa
Ms Mamta
Ms Priya Pargai
Ms Pratibha Chausali
Ms Vimla Nayal
Ms Pooja Paneru
Ms Meenu Mehra
Ms. Suman Arya
Ms. Neema
Ms. Prema Bungyal

Ms. Sarita Paneru
Ms Kusum Nayal
Ms Jeeventi Bheema
Ms Uma Khinchal
Ms Rekha Devi
Ms Neelam Bhatt
Ms Hema Devi
Ms Shobha Negi
Ms Vishakha Bisht

Livelihood Promotion Program

Mr Deep Chandra
Mr Puran Nayal
Mr Devendra Nayal
Mr Basant Thapa / Krishna Bahadur Thapa
Mr Sundar Negi
Ms Janki Thapa
Mr Bhuwan Sunori
Ms Asha Negi
Mr Harish Chandra
Ms Champa Negi
Ms Kamla Negi
Mr Suresh Chandra Kapil
Mr Bhuwan Chandra
Ms Leela Negi
Mr Kripal Singh Bisht

Outreach Education

Ms Nidhi Vyas
Ms Yamuna Bungiyal
Mr Naveen Chandra
Ms Sunita Bisht
Ms Sanjana Arya
Mr Dinesh Singh Bisht
Ms Pinki Chand
Ms Balveer Kaur
Mr Narendra Singh Dev
Ms Manju
Mr Hemant Singh Khanka
Mr Rustam Singh Rana
Mr Sameer Sana
Ms Rabeena
Ms Anita Raj
Ms Geeta Jeena
Ms Nancy Chand
Ms Maneesha Nagdali
Ms Puja Bhatt
Ms Anamika Kumari
Ms Preeti

Supai Health and Education

Ms Chandrakala Bisht
Ms Anita Negi
Ms Maya Jarout
Ms Geeta Devi
Ms Poonam
Mr Ashish Bisht
Dr Narayan Singh
Mr Sanjay Bisht
Mr Pankaj Tiwari
Mr Bhupal Singh
Mr Gopal Ram
Mr Diwan Singh Negi
Mr Rohit Kumar
Mr Dharam Pal
Mr Heera Singh Karki
Mr Puran Ch. Kabdwal
Mr Bishan Arya
Mr Narendra Singh Bisht
Mr Khushal Singh
Mr Jagadish Chandra
Ms Neema Kabdwal
Mr Kishor Singh





Thriving communities living in a flourishing natural
environment living environment



Aarohi

Aarohi Society, Village-Satoli, P.O. Peora, Distt. Nainital,
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